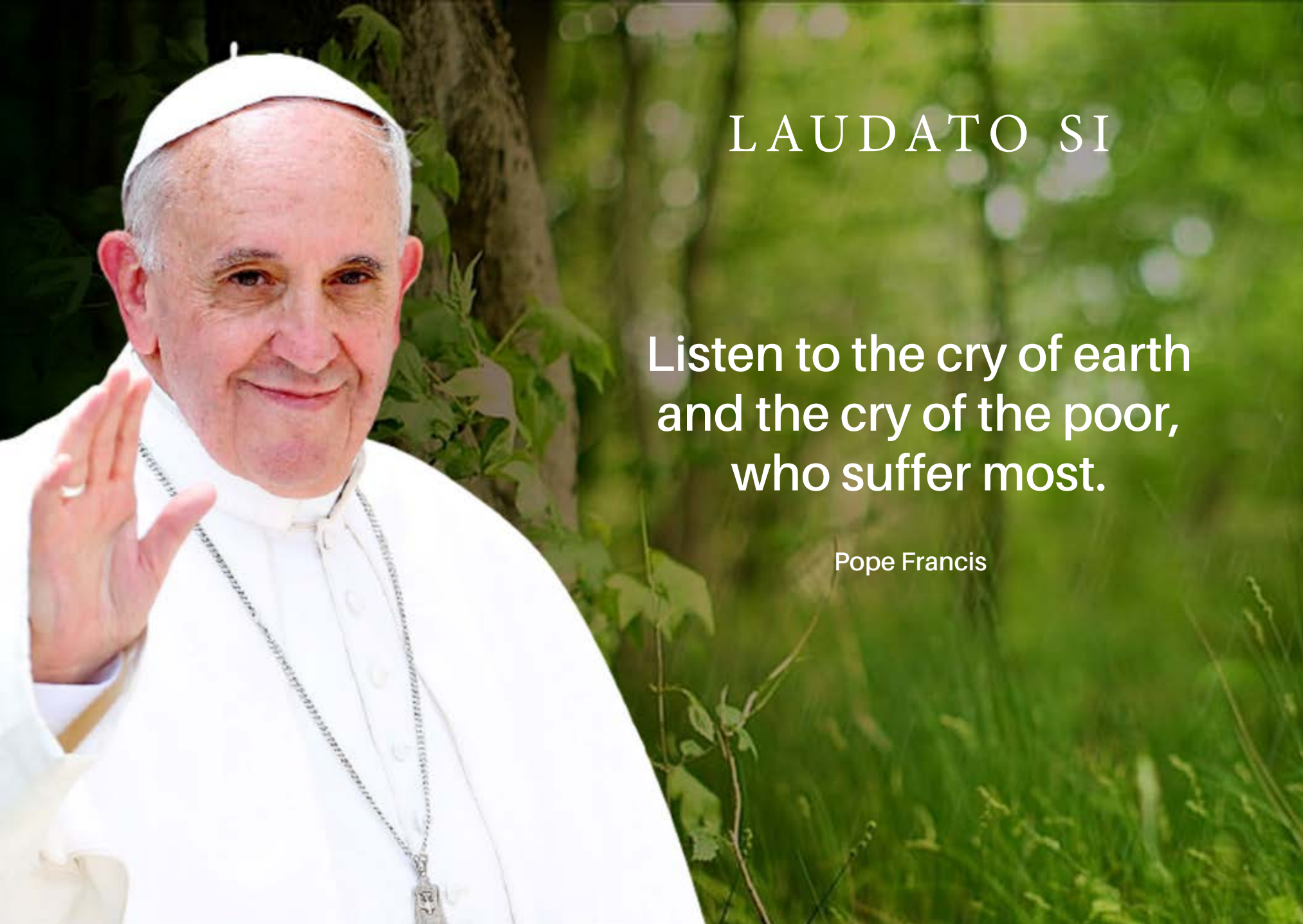




Building
Resilient
Communities.

ANNUAL REPORT

ANNUAL REPORT 2023/2024



LAUDATO SI

Listen to the cry of earth
and the cry of the poor,
who suffer most.

Pope Francis

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Abbreviation

ADS	Alcohol Dependence Syndrome
AGM	Annual General Assembly
BIPAD	Building Information Platform Against Disaster
BOP	Border Out Post
CDMC	Community Disaster Management Committee
CN	Caritas Nepal
CRS	Catholic Relief Service
CTEVT	Council for Technical Education and Vocational Training
FCHV	Female Community Health Volunteer
FFS	Farmer Field School
GEDSI	Gender Equality, Disability, and Social Inclusion
HHs	Households
IDUS	Intravenous Drug Use Syndrome
IPM	Integrated Pest Management
KAP	Knowledge Attitudes & Practice
LDCRP	Local Disaster and Climate Resilience Plan
LDMC	Local Disaster Management Committee
MoIAL	Ministry of Internal Affairs and Law
MSA	Multiple Substance Abuse
NDRRMA	National Disaster Risk Reduction & Management Authority
NHSRP	National Housing and Settlements Resilience Platform
OFAR	On-farm Action Research
RM	Rural Municipality
RMIS	Reconstruction Management Information System
SHF	Smallholder Farmer
SHFCs	Smallholder Farmer Collectives
SHFHs	Smallholder Farmer Households
VCA	Vulnerability and Capacity Assessment
WASH	Water, Sanitation, and Hygiene
WDMC	Ward Disaster Management Committee
NPR	Nepalese Rupees

Message from Patron



"The Spirit of the Lord is on me, because He has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, to proclaim the years of the Lord's favour" [Lk. 4: 18-19].

This is where Caritas comes in. Caritas is the Good News to the poor, and Caritas Nepal brings this Good News to our people. How does Caritas embody the Good News? Scripture reminds us: "...for I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me" (Matt 25:35-36). This is precisely what Caritas members around the world, including those in Asia and here in Nepal, do every day. The needs of our neighbors challenge and compel us, stirring a sense of responsibility. Love opens our eyes, broadens our perspective, and helps us see in the stranger the face of a brother or sister with a name, a story, and struggles—many of which are human-made—that we cannot ignore.

Caritas Nepal supports people affected by natural and other crises, working to enhance their daily lives. The rehabilitation and restoration work Caritas Nepal undertakes following major disasters is truly remarkable. For instance, Caritas Nepal was among the first NGOs to assist the victims of the Jajarkot earthquake last year. Although our priests and religious may not be present everywhere in the country, the Church is represented through Caritas, and Caritas is present everywhere through the Church. Caritas is a beacon of hope for many vulnerable individuals in our region and nation. For years, Caritas Nepal has carried out immense work of mercy, reflecting the Gospel message. It has acted as an instrument of Christ's love, reaching out to the marginalized, forgotten, and ostracized. Through its dedicated efforts, countless lives have been touched, hope has been rekindled, and human dignity has been restored. I am deeply grateful to Caritas Nepal for embodying the compassion of our Lord Jesus Christ and for living out the Gospel values with unwavering dedication.

As we celebrate the 35th anniversary of Caritas Nepal's foundation, I extend my heartfelt thanks to all our members for their support over the past year. I also wish to express my sincere gratitude to the Executive Board Members for their continued support. My immense gratitude goes to the Executive Director and her staff, who, with courage, wisdom, faith, and dedication, engage in ongoing acts of love and service, keeping humanity alive.

With best wishes for all that lies ahead and thanks for your commitment and generosity. May God bless you all!

Bishop Paul Simick
Patron



Message from President

Dear Friends and Supporters,

Chini Maya's story from Ghusel village highlights the impact of Caritas Nepal's NLRP II program. By adapting organic farming, she improved her productivity and income, enhancing her family's nutrition and enabling her to educate her granddaughters. Her success has also inspired her community to embrace sustainable agriculture and women's empowerment.

In Harnamadi, Kopila Sapkota's sustainable farming practices, supported by Caritas Nepal and Sirjanshil Nepal, have revitalized her farm and inspired local neighbors.

Gaindakot Municipality has addressed severe water shortages through strategic disaster risk reduction efforts, including reservoir construction and improved water systems, demonstrating the power of sustainable planning and community involvement.

Our mission is clear: to seek out those in need and advocate for their dignity and rights. We must continue to pursue this path with joy and determination, ensuring that our efforts reach those who require our support the most.

As we present the Annual Report of 2023/24, I extend my warmest greetings to all members of Caritas Nepal. This publication marks a moment to reflect on our mission, celebrate our achievements and look forward with hope and commitment. Our motto, **"love for others in Nepal"** continues to guide our service. It is through this love that we have reached out to those in need, offering friendship, help and comfort in their times of suffering. The stories of individuals like Nanda Lal Pun, Chini Maya and Kopila Sapkota are testaments to the impact of our collective efforts.

I wish to express my heartfelt appreciation for the exceptional leadership of Sr. Cecilia Durga Shrestha and the dedicated team at Caritas Nepal. Your commitment is integral to realizing our mission and making a lasting difference in the lives of many.

With Gratitude and Fraternal Regards,

Stephen Biswakarma

President



Message from Executive Director

I am truly honored to present to you the Annual Report for Caritas Nepal, covering the fiscal year 2023-2024. As the Executive Director, it is with immense pride that I share the profound achievements and progress we have made in our ongoing mission to alleviate poverty, champion social justice and empower vulnerable communities across Nepal. Despite facing numerous challenges and uncertainties, Caritas Nepal has demonstrated remarkable resilience and steadfast commitment to our core values of solidarity and compassion. Our collective efforts have led to significant milestones that I am excited to highlight. We have continued to support sustainable agriculture practices, leading to improvements in food security, livelihoods and environmental sustainability. These efforts have not only increased food production but also enhanced resilience against the impacts of climate change. Our dedication to gender equality has driven us to empower women, providing them with leadership roles and economic opportunities. In addition, our focus on education has led to enhanced access to quality education and vocational training for underprivileged children and youth, enabling many individuals to build brighter futures. In response to natural disasters such as floods, landslides and earthquake, we have provided emergency relief and shelter to affected families, helping them recover from the damage. None of these accomplishments would have been possible without the unwavering support of our donors, partners, volunteers and dedicated staff members. Your generosity and commitment have been the foundation of our success, and I extend my heartfelt gratitude to each and every one of you. As we look to the future, Caritas Nepal remains dedicated to serving Nepal's marginalized and vulnerable populations. Guided by our vision of a just, equitable and sustainable society, we continue to strive towards our mission. This report is not just a collection of statistics and figures but also a testament to the stories of resilience, hope and transformation that embody our work. Together, we are making a difference. Your support is vital in ensuring that Caritas Nepal continues to be a beacon of hope and a catalyst for change. Thank you for being an essential part of the Caritas Nepal family.

A handwritten signature in dark ink, appearing to be 'Dx' or similar, located below the main text block.

With Sincere Gratitude,
Sr. Cecilia Durga Shrestha

Executive Committee Members



Rt. Rev. Bishop Paul Simick
Patron



Fr. Stephen B.K.
President



Mr. Heera Kajee Shrestha
Vice President



Mr. Ganesh Prasad Parajuli
Treasurer



Mr. Chirendra Raj Satyal
Secretary



Ms. Rupa Rai
Joint Secretary



Ms. Aruna Rai
Member



Fr. Silas Bogati
Member

General Committee Members

Ms. Culeshna Subba

Mr. Charles William Mendies

Mr. Terence Lama

Ms. Sanu Amatya

Mrs. Rama Parajuli

Mr. Gyan Prakash Rai

Fr. Tek Raj Paudel (Baikunthea)

Fr. Sunil Ekka

Mr. Joseph Brahmin Niraula

Fr. Ajay Pradhan

Sr. Karuna Shrestha

Mr. Pradeep Kumar Karki

Mrs. Soma Rai Sitling

Mrs. Anjaly Tamang

34th Annual General Assembly



Caritas Nepal (CN) held its 34th Annual General Meeting (AGM) on September 03, 2023. The meeting gathered esteemed board members and the executive committee, emphasizing CN's commitment to serve the extremely poor and vulnerable communities without discrimination as part of the Catholic Church's mission. Sr Cecilia Durga Shrestha, the Executive Director, expressed her appreciation to the Executive Committee and General Body for their steadfast support.

During the AGM, General Secretary Mr. Chirendra Satyal presented the minutes from the 33rd AGM which were approved by Treasurer Mr. Ganesh Prashad Parajuli and General Body Member. The General Programme Manager delivered the fiscal year BS. 2079/80 report, revealing CN's impact through 18 projects reaching 43,408 HHs nationwide.

Senior Finance Manager, Mr. Indra Bahadur Nepali, reviewed the audit report, covering financial income, expenditure and the proposed budget for the upcoming year. The financial report and budget proposal were approved with the support of Secretary Mr. Chirendra Satyal and General Body Member Mr. Charles William Mendis.

About Us

Caritas Nepal is a non-profit organization solely devoted to the service of the poor, most disadvantaged and marginalized people irrespective of caste, creed, ethnicity and nationality.

The organization was founded in 1990 by the Catholic Church to respond to the devastating floods and other natural disasters that occurred.

Mission

As the social arm of Catholic Church in Nepal, our mission is to build resilient communities capable of leading their own development by empowering the marginalized, disadvantaged and vulnerable communities.

Vision

Peaceful, equitable and just society, where there is solidarity among people, respect for human dignity and care for mother earth.

Our Global Network



Our Strategic Objectives



**SUSTAINABLE
LIVELIHOOD
AND
CLIMATE CHANGE**



**ENVIRONMENT
AND
DISASTER RISK
REDUCTION**



**HUMAN RIGHTS
AND
SOCIAL
EMPOWERMENT**



**HUMANITARIAN
RESPONSE
AND
RECOVERY**

Our Offices



**Head
Office**



**Provincial
Offices**



**Field
Offices**

Our Staff



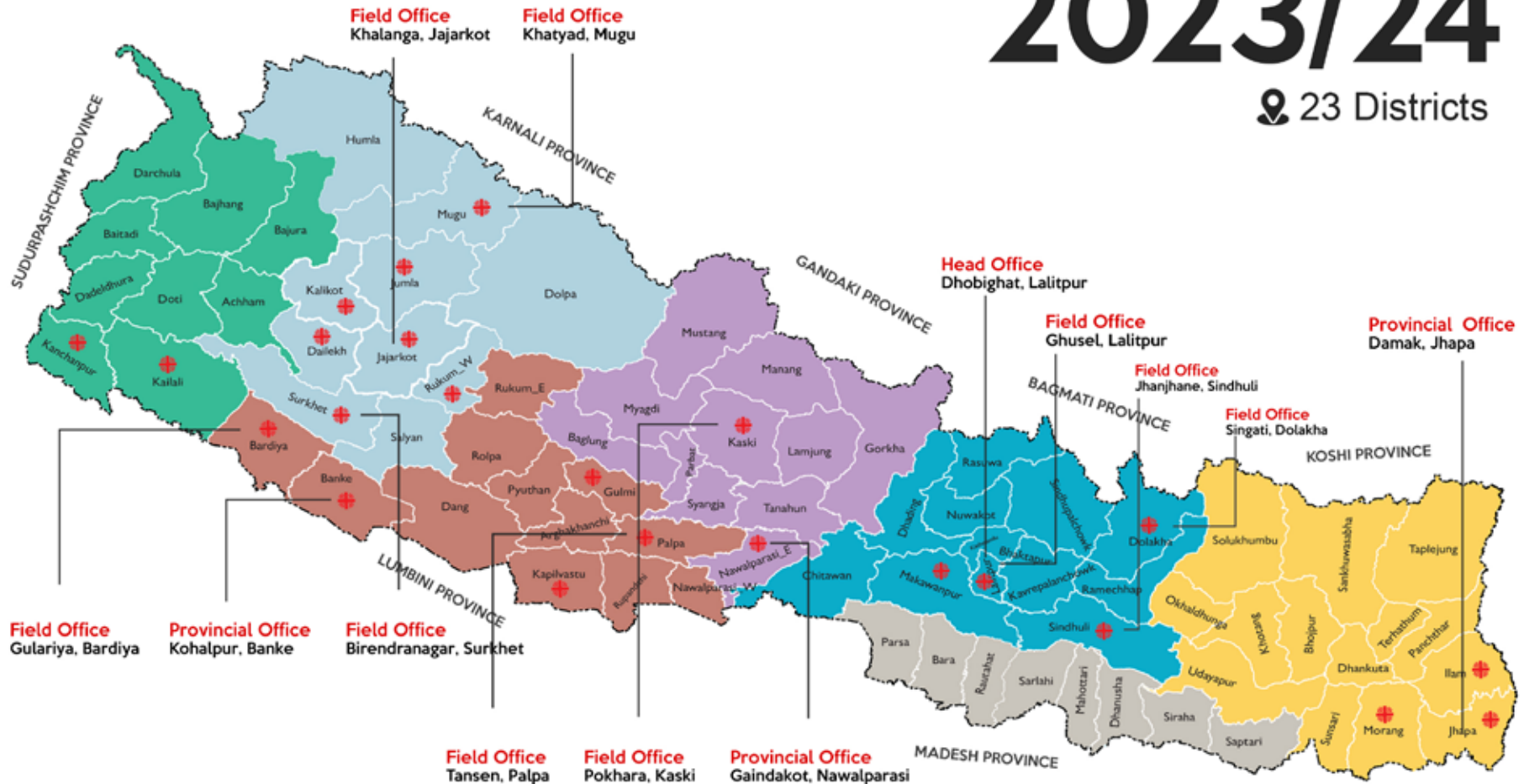
**Female
44**



**Male
110**

OUR FOOTPRINTS 2023/24

📍 23 Districts



OUR STRATEGIC OBJECTIVES

2023-2027

1.

SUSTAINABLE
LIVELIHOOD
AND
CLIMATE CHANGE

VULNERABLE AND MARGINALIZED PEOPLE AND COMMUNITIES PURSUE CLIMATE-ADAPTIVE SUSTAINABLE LIVELIHOODS FOR IMPROVED ECONOMIC WELL-BEING.

2.

HUMAN RIGHTS
AND
SOCIAL
EMPOWERMENT

PEOPLE AND COMMUNITIES HAVE IMPROVED SOCIAL JUSTICE, HUMAN RIGHTS AND SOCIAL WELL-BEING THROUGH SOCIAL TRANSFORMATION.

3.

ENVIRONMENT
AND
DISASTER RISK
REDUCTION

COMMUNITIES HAVE IMPROVED RESILIENCE TO DISASTER RISKS AND CARE FOR MOTHER EARTH.

4.

HUMANITARIAN
RESPONSE
AND
RECOVERY

PEOPLE AFFECTED BY DISASTERS ARE ABLE TO SURVIVE WITH DIGNITY AND COMMUNITIES REALIZE A HOLISTIC RECOVERY AND BUILD BACK BETTER.

STRATEGIC OBJECTIVE 1

SUSTAINABLE LIVELIHOOD AND CLIMATE CHANGE



NEPAL LIVELIHOODS & RESILIENCE PROGRAM (PHASE II)

FOOD SECURITY AND RESILIENCE PROJECT - KHATYAD

SAFBIN NEPAL CRASS

GINGER STORAGE & WAREHOUSE RECEIPT FUNDING PROJECT

REDUCING GINGER STORAGE LOSSES WITH WOMEN PRODUCERS IN NEPAL

STRATEGIC OBJECTIVE 2

HUMAN RIGHTS AND SOCIAL EMPOWERMENT



PROMOTING SAFE MIGRATION AND PREVENTING TRAFFICKING

COMBATING TRAFFICKING THROUGH SAFE MIGRATION

ENSURING SAFE MIGRATION AND PROMOTING SUSTAINABLE REINTEGRATION

EMPOWERING WOMEN FOR SOCIAL WELL-BEING & SUSTAINABLE AGRICULTURE PROJECT (SDI)

HEALTH CAMP SERVICES AND DISABLED FAMILY SUPPORT PROJECT

RESILIENT COMMUNITY HEALTH PROJECT

STRATEGIC OBJECTIVE 3

ENVIRONMENT AND DISASTER RISK REDUCTION



SCHOOL BASED DRR

UNIFYING TOGETHER FOR HUMANITARIAN ASSISTANCE AND DISASTER PREPAREDNESS IN NEPAL (UTHAN)

STRATEGIC OBJECTIVE 4

HUMANITARIAN RESPONSE AND RECOVERY



JAJARKOT EARTHQUAKE RESPONSE AND RECOVERY PROGRAM

NATIONAL HOUSING AND SETTLEMENT RESILIENCE PLATFORM

CONTRIBUTION TO SDG'S



SUSTAINABLE LIVELIHOOD AND CLIMATE CHANGE ADAPTATION

10801 TOTAL REACH

2417 MEN

6647 WOMEN

260 PEOPLE WITH DISABILITY

1737 CHILDREN

13 DISTRICTS

1. NEPAL LIVELIHOODS & RESILIENCE PROGRAM - (PHASE II)
2. FOOD SECURITY AND RESILIENCE PROJECT - KHATYAD
3. SAFBIN NEPAL CRASS
4. GINGER STORAGE & WAREHOUSE RECEIPT FUNDING PROJECT
5. REDUCING GINGER STORAGE LOSSES WITH WOMEN PRODUCERS IN NEPAL

Climate Change	Food and Nutrition
Co Operative	Livelihood
Enterprise Promotion	Agro Ecology



"Let us remember that caring for our planet is a shared responsibility. Together, we can make a difference for a healthier, more sustainable world."

Nepal Livelihoods and Resilience Program

Phase 2

July 2023- June 2028



Ilam, Jhapa, Lalitpur, Kaski, Nawalpur,
Banke, Bardiya, Surkhet, Dailkeh and Kanchapur

Nepal Livelihoods and Resilience Program Phase II (NLRP II), aims to enhance the social well-being and resilience of vulnerable farming households and communities. Supported by Australian Aid and Caritas Australia, the project focuses on improving food security for smallholder farmers through homestead production, enhancing resilience to climate change, increasing profitability for enterprise farmers, expanding economic development services through local cooperatives, strengthening social protection systems, and promoting basic child rights.

Implemented in ten locations across six provinces of Nepal from July 2023 to June 2028, the target group includes women, children, people with disabilities, janjati communities and Dalits.





Key Achievements

- **921 farmers (738 women)** have been trained in homestead kitchen garden management and climate change, and have received input support. On average, these farmers have adapted 4 out of the 11 climate-adaptive practices promoted through the homestead and Farmer's Field School approaches.
- **300 smallholder farmers (197 women)** engaged in vegetable, banana, goat, coffee, pig, honeybee, and homestay sectors received enterprise and technical training with input and grant support. During the first year of the project, 96 vegetable farmers successfully produced a total of 248,679 kg of vegetables from 40.4 hectares of land. More than 50% of the production was sold in the market.
- **546 farmers** are accessing digital services for technical advisory, weather updates, and market information through Geo Krishi.
- **10 cooperatives** received training in cooperative management, resulting in a **15% increase in membership** (575 new members) this year, bringing the total to 4,315. Out of the total members, 70% are women and 2% are people with disabilities.
- **10 help desks** have been established in 10 cooperatives. These help desks handled **25 cases** involving various disputes, including family disputes, land disputes, child marriage, and gender-based violence. 3 cases were referred for further action, while 12 common arguments and disagreements have been resolved at the community level.
- **10 child clubs** were reformed, benefiting **1737 children**. This initiative has provided this children with a platform for growth, development and active participation in their surroundings.

Food Security and Resilience Project-Khatyad

January 2023- December 2025



Food Security and Resilience Project - Khatayad aims to enhance food security and improve the nutritional status of 650 marginalized Smallholder Farmer Households (SHFHs) in three wards of Khatyad Rural Municipality, Mugu District in Karnali Province. The project will focus on increasing food security of these communities by at least 1 to 1.5 months through diverse agroecological practices. Additionally, it will also collaborate closely with the local government to develop agroecological plans that are tailored to the specific needs of each community.





Key Achievements

- **515 farmers** have initiated diversified vegetable gardens. Out of these, 250 farmers have started systematic vegetable cultivation with more than 6 varieties of vegetables in a year. Additionally, 400 farmers have added 2 or more fruit trees, such as walnut, lemon and apple to their garden.
- **273 farmers (234 women)** are practicing various agro ecological methods, promoting locally available resources and seeds. They are using botanical pesticides made from locally available botanicals, which has helped them reduce their dependency on external chemical pesticides.
- **2 learning centers** have been established to engage the community through farmer gatherings, discussions, and training on agroecological practices like mulching, vegetable diversification, local seed production and preservation. These centers also serve as collective nurseries for producing vegetable seedlings.
- **400 farmers** have started cultivating different forgotten crops such as millet, buckwheat, chino, local beans. Likewise, a seed preservation unit has been set up at the district office in Khatyad, with over 20 varieties of local seeds for different crops and vegetables.

SAFBIN Nepal-Climate Resilient Agriculture System for Smallholder Farmers in Nepal (CRASS)

January 2023- December 2025

 Nawalparasi



SAFBIN Nepal "Climate Resilient Agriculture System for Smallholder Farmers in Nepal" (CRASS) is the project that aims to enhance food security for 1,800 marginalized Smallholder Farmers (SHFs) and build climate and disaster-resilient communities across six wards in four rural municipalities of Nawalparasi district.

The project will follow the Smallholder Farmers Collectives (SHFCs) lead approach and empower the communities through regenerative agriculture by promoting climate-resilient practices, providing input support, conducting farmer-led On-farm Action Research (OFAR), and fostering multi-



Key Achievements

- **1,800 HHs** have established diversified kitchen gardens, each **cultivating 8-10 different vegetables**. Over 35% of smallholder farmers have well-organized kitchen gardens, and more than 20% are selling their surplus vegetables in local markets. Additionally, over 50% of these farmers have reduced their use of chemical pesticides.
- **180 lead farmers** (145 women) were identified by their peers, fostering a sense of trust and familiarity among fellow farmers. These lead farmers were then trained to mobilize their communities and access government schemes, inputs, and financial services.
- **2 small irrigation schemes**, measuring 700 meters and 75 meters respectively in length, have been constructed in two ward in collaboration with the local governments and communities. These improvements have provided additional irrigation to over 45 hectares of land, benefiting more than **475 households**.
- **6 learning centers** have been established across each ward, providing farmers with a space to gather as per need and learn about various climate-resilient regenerative agriculture practices. These practices include the use of locally available resources for botanical pesticides, vermicompost, improved cow shed management etc.
- **312 farmers** have been trained and capacitated to conduct on farm action research on various climate-adaptive practices.
- A Local Disaster and Climate Resilience Plan (LDCRP) has been developed in collaboration with Madhyabindu Municipality. This plan will help and assist the local government in addressing the impacts of disasters and climate change on communities and offer strategies for mitigating these effects.



Ginger Storage and Warehouse Receipt Funding Project

October 2023-September 2024



The innovative concept of “Ginger Storage and Warehouse Receipt Funding” is a pilot project designed to revolutionize ginger farming in Tansen Municipality of Palpa district. Through this project, Caritas Nepal aims to empower ginger farmers by enabling off-season sales, ensuring safe storage, and providing loans backed by stored ginger as collateral through the cooperative.

Key Achievements

- **Guidelines** have been developed for agro product storage house management in collaboration with municipalities and cooperatives, ensuring adherence to standards, regulations and principles.
- **200 ginger farmers** are capacitated on good agriculture practices on ginger, plant protection, bio pesticide preparation, bruni harvesting, post-harvest management, etc. Likewise, market linkage workshops has helped ginger farmers connect with potential buyers.
- **5 individual** representing warehouse management teams and cooperative staff gained hands-on learning experience through exposure visits. As a result, the management team has successfully stored approximately 4,900 kilograms of ginger in a warehouse, benefiting 39 ginger farmers.
- **13 farmers** were able to receive the loans against ginger as collateral. The local cooperative has allocated a total of NPR 116,000 at a 12% interest rate. Farmers can repay the loan when the market price of ginger is more favorable.



Reducing Ginger Storage Losses with Women Producers in Nepal

February 2024 to April 2026

 Palpa & Pyuthan

Caritas Nepal, in partnership with CRS, has recently started a research project to address the challenges faced by ginger producers in Nepal's mid-hills in adopting effective storage practices. The project aims to promote three community-level storage technologies, installing them in 300 households in two years period of time. Through these low-cost, zero-energy storage solutions, the project seeks to reduce ginger storage losses, improve nutrition security, and improve income of women farmers. The project is funded by Purdue University, Tufts University and USAID.

Key Achievements

- An **inception and interaction workshop** was conducted in Palpa and Pyuthan districts, gathering all relevant stakeholders to present and discuss about the project.
- **20 brick-molding machines** have been provided to farmers to help them manufacture the necessary bricks for constructing storage facilities. Additionally, IEC materials have been published in 4 types of household level ginger storage morality.





475 participants from 9 plant clinics received advice on disease and pest management as well as agricultural practices.



“
Agricultural training has inspired
me to pursue farming and earn
good income to support my family.
”

Chini Maya
Farmer, Lalitpur



“
"Pig farming has provided me with
greater self-reliance and economic
stability."
”

Padam Bdr Rana Chettri
Livestock farmer, Banke



“
Ginger business has been
rewarding and empowering journey
for us. Thank you Caritas Nepal.
”

Man Bahadur
Ginger Farmer, Palpa



“
Paddy production has increased, and
I am happy. Every year I am
extending my farm.
”

Bina
Farmer, Nawalparasi



STRATEGIC OBJECTIVE 2

HUMAN RIGHTS AND SOCIAL EMPOWERMENT

OUR OUTREACH



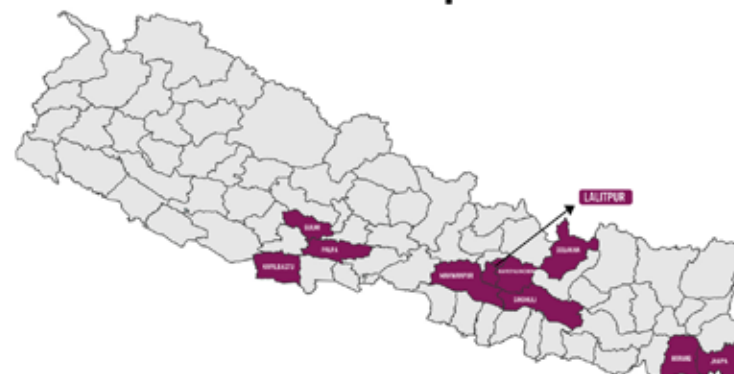
Our Projects

1. ENSURING SAFE MIGRATION AND PROMOTING SUSTAINABLE REINTEGRATION
2. PROMOTING SAFE MIGRATION AND PREVENTING TRAFFICKING
3. COMBATING TRAFFICKING THROUGH SAFE MIGRATION
4. EMPOWERING WOMEN FOR SOCIAL WELL-BEING AND SUSTAINABLE AGRICULTURE PROJECT (SDI)
5. SOCIO ECONOMIC EMPOWERMENT FOR SUBSTANCE USER
6. RESILIENT COMMUNITY HEALTH PROJECT
7. HEALTH CAMP SERVICES AND DISABLED FAMILY SUPPORT PROJECT

Area of Interventions



Our Footprints





Hope Renewed

Meena (Name changed) was trafficked to Lebanon (name of the country changed) to work as a domestic helper by a local agent from Nepal. In Lebanon, she was wrongfully accused of causing the death of her employer's son. Fearing for her safety, she fled and sought refuge with another Nepali migrant for several months.

A volunteer from the migration project identified her case through her family and documented through project's help desk. With the persistent efforts and coordination with the Nepal Embassy in Lebanon and likeminded organizations from Nepal, she was able to return to Nepal. Upon her return, she was ill, lacked shelter, and had no means to support herself and her two children.

The project team intervened to provide her with immediate shelter, medical care, and essential necessities. Jhapa rural municipality provided her shelter. Additionally, Caritas Nepal assisted in rebuilding her livelihood by providing livestock (a cow and piglets).

Meena is now happily reunited with her family and remains optimistic about her future.



Promoting Safe Migration and Preventing Trafficking in Person

Oct 2022 to Sep 2025

Combating Trafficking through Safe Migration

Feb 2024 to Jan 2027

 Jhapa & Morang

The project aligns with Caritas Nepal strategic objective 2 aimed to empower individual rights by addressing unsafe migration and raising risk awareness. Focusing on Koshi Province, a region known for its high rates of labor migration and reliance on remittances, the project address socio-economic challenges faced by the migrant workers and their families. By collaborating with local governments, educational institutions and community groups, the project aims to enhance the capacity of stakeholders to prevent, protect and support migrant workers, their families, potential migrants, returnees and survivors of human trafficking.

missio 

Key Achievements

- **56 migrant returnees (15 women)** received tailored start-up support to help them launch small businesses and restore their livelihoods. They were also capacitated with 3-days training on business plan development, market management and value chain.
- **8 returnee migrants (2 women)** received psychosocial, and medical support. Additionally, 8 returnee migrants (3 women) received legal assistance through a referral mechanism in coordination with the Embassy of Nepal in Oman and Kuwait and like minded organizations. Notably, 3 women were rescued and successfully reintegrated with their families.
- **145 (55 women)** individuals, including returnee migrants, potential migrants, migrant family members and survivors of trafficking, received vocational training based on the CTEVT curriculum. This training helped returnees to restart their life with dignity.
- The inter-faith dialogue event was organised on safe migration and trafficking in person in Jhapa Rural Municipality, Ward No. 6 with **326 participants**. Religious leaders from Hindu, Muslim and Christian communities shared insights and raised awareness, strengthening the collective commitment to combat these issues.



Ensuring Safe Migration and Promoting Sustainable Local Reintegration

Dec 2022 to Nov 2023



Key Achievements

- **324 community** members have been oriented on Nepal Government's foreign employment policies, programs and ethical recruitment practices.
- **2 groups of 50 migrant family** members have been capacitated through Integrated Pest Management (IPM) training under the campaign "Agriculture Calling". These groups received grant support of NPR 250,000 each from Kankai Municipality to continue their community farming initiatives.



कारितास नेपाल सूचना तथा परामर्श डेस्क (१५)



Community people have access to information through help-desk established by Caritas Nepal and door-to-door visit by paid volunteers. 196 people have been facilitate through this help-desk.

- लाग्ने खर्च, प्राप्त हुने आम्दानीका बारेमा तुलना गरी लामहुने काममा मात्र जानु पर्दछ।
- बैदेशिक रोजगार विभागबाट श्रम स्वीकृति लिएर मात्र बैदेशिक रोजगारमा जानु पर्दछ।
- बैदेशिक रोजगारमा जाँदा दुर्घटनामा परी मृत्यु वा अंगभंग हुन सक्छ। विमा गर्दा कामदारलाई र उसको परिवारलाई आर्थिक सहयोग प्राप्त हुन्छ। विमा अनिवार्य गर्नु पर्दछ।
- बैदेशिक रोजगारमा जाँदा विस्वासिलो र भरपर्दो मेनपावर कम्पनी मार्फत मात्र जानु पर्दछ। व्यवसायिक वा visit र भिसामा जानु हुदैन। जानीजानी गलत कागजात बनाई जानु हुदैन।
- विदेश जाने सोच बनाएपछि घर परिवारसँग सल्लाह परामर्श गरी मानसिक रुपमा तयार भएर मात्र जानु पर्दछ।
- बैदेशिक रोजगारमा जानका लागि पैसा बुझाउँदा व्यहोरा खुलाई भरपाई लिनु पर्दछ। कति खर्च लाग्छ राम्ररी बुझ्नु पर्छ। कुनै एजेन्ट वा कम्पनीले भरपाई दिन आनाकानी गरेमा ठगिकै नियत भएको बुझ्नु पर्छ।
- स्वदेशी विमानस्थलबाट मात्र जानु पर्दछ। अन्य छिमेकी देशको बाटो गरेर जानु हुदैन। बेचिन वा ठगिमा पर्न सकिन्छ।
- आफू जाने देशको भौगोलिक स्थिति, हावापानी, रहनसहन, धर्म, कानून, काम गर्ने वातावरण आदि बारेमा सामान्य जानकारी लिनु पर्दछ। यसका लागि पूर्वप्रस्थान अभिमूखीकरण तालिम अनिवार्य रुपमा लिनु पर्दछ।
- नैदेशिक रोजगारमा जाँदा आवश्यक सबै कागजातहरूको एक एकप्रति आफू र परिवारको साथमा राख्नु पर्दछ।
- बैदेशिक रोजगारको क्रममा ठगिमा परे बैदेशिक रोजगार विभागमा उजुरी गर्नु पर्दछ।
- बैदेशिक रोजगार सम्बन्धी कुनैपनि सूचना जानकारीका बारेमा बुझ्न परेमा बैदेशिक रोजगार विभाग र बैदेशिक रोजगार प्रवर्द्धन बोर्डको सचिवालयको ठेगानामा सम्पर्क गरी बुझ्न सकिन्छ।
- आम संचार माध्यमले प्रकाशन गरेको बैदेशिक रोजगारको सूचना र विज्ञापन सहि भए नभएको बुझ्नु पर्दछ। गलत विज्ञापन गरी पैसा उठाई ठगी गर्न सक्छन्।
- सरकारले निषेध गरेको देशमा जानु हुदैन।



EMPOWERING WOMEN FOR SOCIAL WELL-BEING & SUSTAINABLE AGRICULTURE PROJECT (SDI)

April 2022 to March 2025

 Gulmi, Palpa, Kapilvastu and Makawanpur

The 'Empowering Women for Social Well-being and Sustainable Agriculture' project is being implemented in four districts of Nepal. The project focuses on empowering marginalized women through a people-led development approach. It emphasizes agroecological approaches and food sovereignty, to achieve locally-driven social and economic goals. The project fosters community empowerment through regular discussions and collective decision-making, helping communities assert their rights, drive social change, and address discrimination. By preserving local knowledge and resources, it strengthens traditional practices and promotes sustainable agriculture and social well-being through action-reflection cycles and collective ownership.



Key Achievements

- **11 women's groups** have been actively advocating for social and ecological justice, addressing 83 issues related to gender-based violence, polygamy, alcoholism, high use of pesticides in agriculture and its effect in ecology.
- In the last fiscal year, nine cooperatives **collected NPR 2,443,971** in member savings and mobilized NPR 6,286,480 in loans for 293 women. Approximately 92% of the loans were used for income-generating activities, including 24% for agriculture, 51% for livestock, and 17% for small enterprise development.
- **5 cooperatives** in Kapilvastu, Palpa, and Makwanpur districts have cultivated 0.6 hectares of land with black soybeans, potatoes, sweet potatoes, and turmeric, yielding 3.5 tons through agroecological practices.
- **87 new farmers** have started adapting integrated farming practices that combines agriculture, livestock, and poultry.
- **80 diversified kitchen gardens** have been established to support women's group with healthy, safe, and nutritious food.
- **2 local seed exchange events** were held between women's group members in Makwanpur district. 53 participants attended and 21 varieties of local seeds were displayed and exchanged. This will help them conserve local traditional seeds.



Health Camp Services and Disabled Family Support

Dec 2023- Nov 2024



The project aims to enhance access to basic individual health diagnostics through health camps, including eye screening, general, and gynecological health checks. Vulnerable individuals will be referred for further medical treatment. Additionally, the project will provide 20 households with disabilities with rural enterprise development training and grant support. Beneficiaries can use this grant to implement income-generating activities based on their business plans.



Key Achievements

- **20 people** with disabilities have been provided with business development training and grant support.
- **1,863 patients** (1,243 women) were screened, with the following breakdown by speciality: General Medicine (166), Orthopedics (329), Gynecology (198), Ophthalmology (302), Surgery (43), ENT (111), Dental (139), Pediatrics (112), Ultrasound (200), ECG (95) and Laboratory (168).



Resilient Community Health Project

Dec 2020- Nov 2023



Kavrepalanchowk, Dolkha
and Sindhuli

The Resilient Community Health project focuses on strengthening community resilience by upgrading rural health facilities and equipping health workers with the necessary training. The project also emphasizes on disaster preparedness and risk reduction to enhance overall resilience. Additionally, the project provides grant support and specialized trainings to individuals and families with disabilities

Key Achievements

- **91 individuals** representing health post personnel and FCHVs, have been trained in mental health management, basic life support, ambulance-based case management, comprehensive family planning, reproductive health, and HIV/AIDS transmission.
- **2,694 people** have been screened through free eye and dental care services. Among those screened, 32 people received tooth extractions, and 67 students received glasses through referral support for refractive errors.
- **2,847 patients** were screened through health camp, with nearly 400 needing further care. Services included ultrasounds, ECGs, eye care, and surgery. Medicine and other support were provided to all the patients.
- **107 community volunteers** were trained on basic health service and first aid. A task force was established under the leadership of the Local Disaster Management Committee (LDMC) for effective communication and coordination.





In Jhapa, a social mobilizer led a Safe Migration orientation, informing locals about legal channels, safety measures and their rights.



“ Reuniting with my family and receiving the support I needed has provided me an opportunity to build back better with dignity ”

Sapana
Returnee, Jhapa



A child participating in 16 days global action Agro - Ecology in Kapilbastu District.

Youth attending career counselling session in Jhapa.



“ Empowering smallholder women farmers drives social well-being and fosters sustainable agriculture for future generations. ”

Til Maya
Small Holder Farmer, Nawalparasi



STRATEGIC OBJECTIVE 3

ENVIRONMENT AND DISASTER RISK REDUCTION

OUR OUTREACH



6309
TOTAL REACH



1581
MEN



1261
WOMEN



3467
CHILDREN



3
DISTRICTS

Our Projects

1. SCHOOL BASED DRR (SDRR)

2. UNIFYING TOGETHER FOR
HUMANITARIAN ASSISTANCE
AND DISASTER
PREPAREDNESS IN NEPAL
(UTHAN)

Area of Interventions



Capacity
Building



DRR Plan &
Preparedness



Infrastructure's
Safety & Mitigation



Environment Sustainability
&
Climate Change Adaptation



Prevention

Our Footprints





Caritas Nepal volunteer led a mock drill on SDRR for school students, demonstrating safety techniques like “Drop, Cover and Hold On” and explaining evacuation routes.

School Based Disaster Risk Reduction Program

December 2022 - November 2025



School-Based Disaster Risk Reduction (S-DRR) project aims to implement a comprehensive and integrated program that enhances the resilience of schools, local institutions, and communities against floods and other hazards. The project focuses on preparing for future disasters by developing and implementing effective preparedness plans. The overall goal is to create safer schools and more resilient rural communities.





Key Achievements

- **932 students** from 9 schools have received training on personal and menstrual hygiene, leading to increased awareness among the students.
- **9 comprehensive school safety action plans** have been developed, with the participation of 383 individuals in Vulnerability and Capacity Assessments (VCA). These plans aim to enhance disaster preparedness through effective planning and implementation.
- **4 school toilets** were rehabilitated and 4 safe drinking water systems were installed, benefiting 1,271 students and improving access to Water, Sanitation, and Hygiene (WASH) facilities.
- **600 saplings of various species** were planted across 20 community schools, 7 primary health centers and 2 public places. This initiative has effectively promoted environmental education and enhanced disaster resilience.
- **3 mitigation activities**, including compound wall construction and playground filling and levelling were carried out, benefiting 1200 students and teachers by improving school safety.
- **179 (82 women) community people** and students residing in Jhapa RM 1 and 2(top-ranked region in the district for monsoon-induced disasters, as mapped by NDRRMA) participated in the flood and inundation awareness-raising sessions organized by Caritas Nepal in coordination with the Armed Police Force, BOP, Tagandubba.

Unifying Together for Humanitarian Assistance and Disaster Preparedness in Nepal (UTHAN)

December 2023 - December 2026



Jumla & Jajarkot





Unifying together for Humanitarian Assistance and Disaster Preparedness in Nepal project aims to strengthen disaster resilience in Sinja and Tilagufa municipalities of Jumla and Kalikot districts through comprehensive risk management and capacity-building initiatives. The project emphasizes safe construction practices, risk reduction, and mitigation strategies, while raising community awareness. Additionally, it supports economic and livelihood resilience by constructing safe shelters and creating demonstration models for community education.

Key Achievements

- **7 Ward Disaster Management Committees (WDMCs), 30 Community Disaster Management Committees (CDMCs), 7 Child Clubs** and **7 Youth Clubs** have been established by the project, engaging 1,200 members in disaster preparedness and community resilience activities. These members have actively led discussions and identified disaster risks, implemented mitigation activities, and prepared for earthquakes through initiatives such as gabion box construction, plantation efforts and earthquake simulations.
- **1,050 saplings** have been planted by the community and child club members in disaster-prone areas, in collaboration with local government to promote disaster risk reduction and raise awareness about climate change adaptation.
- **27 youth members** are engaged in the income-generating activities, such as mushroom cultivation and vegetable farming, supporting financial stability and encouraging sustainable agricultural practices.
- **146 people** representing Local Disaster Management Committees (LDMCs) and community members received earthquake preparedness simulations and risk assessment training enhancing their disaster response skills.

STRATEGIC OBJECTIVE 4

HUMANITARIAN RESPONSE AND RECOVERY

OUR OUTREACH



Our Projects

1. JAJARKOT EARTHQUAKE RESPONSE AND RECOVERY PROGRAM

2. NATIONAL HOUSING AND SETTLEMENT RESILIENCE PLATFORM

Area of Interventions



Food and Nutrition



WASH



Shelter /NFI and Settlements



Health

Our Footprints



One of our Temporary Learning Center (TLC) ensuring safe and dignified living conditions and educational facilities for students.



Temporary Learning Center
Pipe, Jajarkot

Earthquake Response & Early Recovery Program

November 2023 - June 2024

 Jajarkot & West Rukum

Earthquake Response and Early Recovery program is designed to support earthquake-affected families in Jajarkot and Rukum West districts, helping them recover and lead dignified lives. The project focuses on emergency relief and recovery, providing essential food, Water, Sanitation, and Hygiene (WASH) services, and non-food items. It also includes the construction of transitional shelters and temporary learning centers. Additionally, the program offers socio-technical and psychosocial support to enhance community well-being, undertakes infrastructure development by restoring water schemes, and raises public awareness on safe construction practices and earthquake preparedness.





Key Achievements

- **1,500 HHs** received food and WASH items, while **1,518 children** (ages 0-12) received warm clothing and **484 lactating** mothers were provided with nutritious food.
- **500 HHs** received temporary shelters equipped with toilets. **14 temporary learning centers** were established, ensuring safe and dignified living conditions and educational facilities for students. Additionally, **1,976 HHs** received socio-technical support for constructing transitional shelters, enhancing their resilience and safety.
- **1,149 children** and **469 community** members received psycho-social services to address their mental health and emotional well-being needs.
- **165 individuals** were trained as masons, provided with homeowners' construction guidebooks, and oriented on Gender Equality, Disability, and Social Inclusion (GEDSI) and safeguarding practices.
- **10 water schemes** were restored, improving access to clean and safe water for the community.



"Our engineer is monitoring and observing the construction of the Temporary Learning Center (TLC) in Jajarkot District, ensuring quality and progress throughout the building process."



I am happy that I have a new shelter (home) to live in after such difficulties. Now, I can live peacefully for the rest of my life.

Krishna Bdr
Maide, Jajarkot



A happy face in West Rukum. Bimala is one of our beneficiaries who received shelter after her home was destroyed by the earthquake.

Student playing with her classmates during the break in one of our TLCs.



People say that Caritas gave me this home. I used to stay in a destroyed house where there was water leakage during the rainy season. Now, I feel happy and blessed.

Debi Shahi
Mulpani, Jajarkot



The National Housing and Settlements Resilience Coordination Platform (NHSRP)

July 2022 - September 2024

 Koshi Province (All Districts)

National Housing and Settlements Resilience Platform (NHSRP) is a consortium of organizations collaborating with the government on Disaster Risk Reduction and Management, with a focus on housing. The platform enhances information systems, disaster preparedness, and capacity building. Caritas Nepal contributes by building capacity in Koshi Province, where a team is embedded within the provincial government to provide technical support.



Key Achievements

- Stakeholders from **38 palikas of 14 districts** have been oriented on NDRRMA's procedures for housing reconstruction following monsoon and fire-induced disasters. The session provided insights into the Reconstruction Management Information System (RMIS), BIPAD Apps, technical inspection processes, and related procedures.
- **80 palikas in Koshi Province** received training on BIPAD portal localization and were supported to create user IDs and passwords of the portal.
- Caritas Nepal, in coordination with the NHSRP, conducted a Knowledge, Attitudes, and Practice (KAP) housing assessment in Budiganga Rural Municipality, Morang district, Koshi Province, focusing on the Janata Awas Housing and Surakchhit Nagarik Awas programs. **1,629 households** were surveyed.
- **1,629 HHs** were registered in the BIPAD portal. Out of the total HHs, 62 HHs have completed reconstruction and received all tranches. Additionally, 125 HHs have received the second installment, and 539 HHs have received the first tranche.
- **Daily BIPAD Bulletin** for Koshi Province has been released on the Ministry of Internal Affairs and Law (MoIAL) website.



Summary Financial Statements

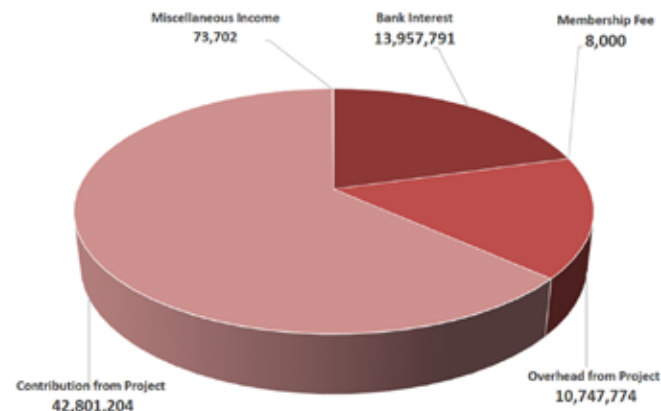
Grants From Partners/Donors for Fiscal Year 2023/2024

S.N.	Sector	Amount (NPR)
1.	Sustainable Livelihood and Climate Adaptation Projects	94,609,920
2.	Social Developments Projects	86,644,967
3.	Disaster Risk Reduction Projects	39,588,444
4.	Humanitarian Response and Recovery Project	129,836,880
Total		350,680,211

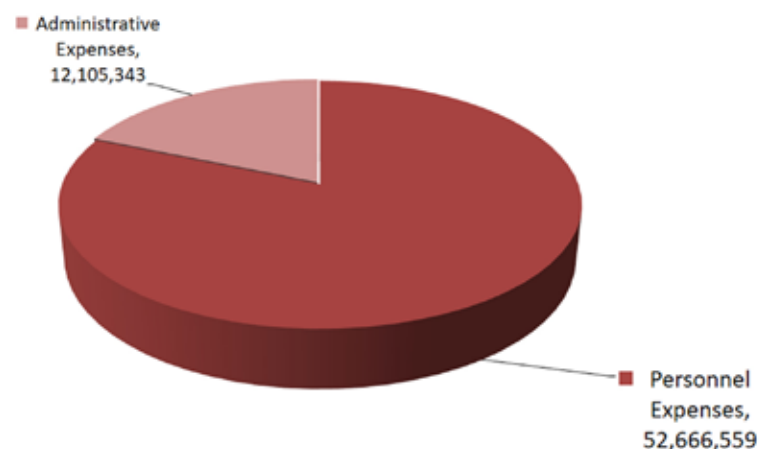
Grants Received and Program Expenditure for Fiscal Year 2023/2024

Particulars	Amount (NPR)
Opening Balance of the programs for FY 2022/2023 (A)	112,188,998
Program Grants Received in this year (B)	350,680,211
Miscellaneous Programme Income (C)	325,862
Total Income D=(A+B+C)	463,195,071
Personnel, Administrative and Overhead Expenditure (E)	52,932,677
Total Project Expenditure (F)	274,552,062
Total Project Expenditures (G=E+F)	327,484,739
Closing Balance of Programs to Forward to Next year (H= D-G)	135,710,331

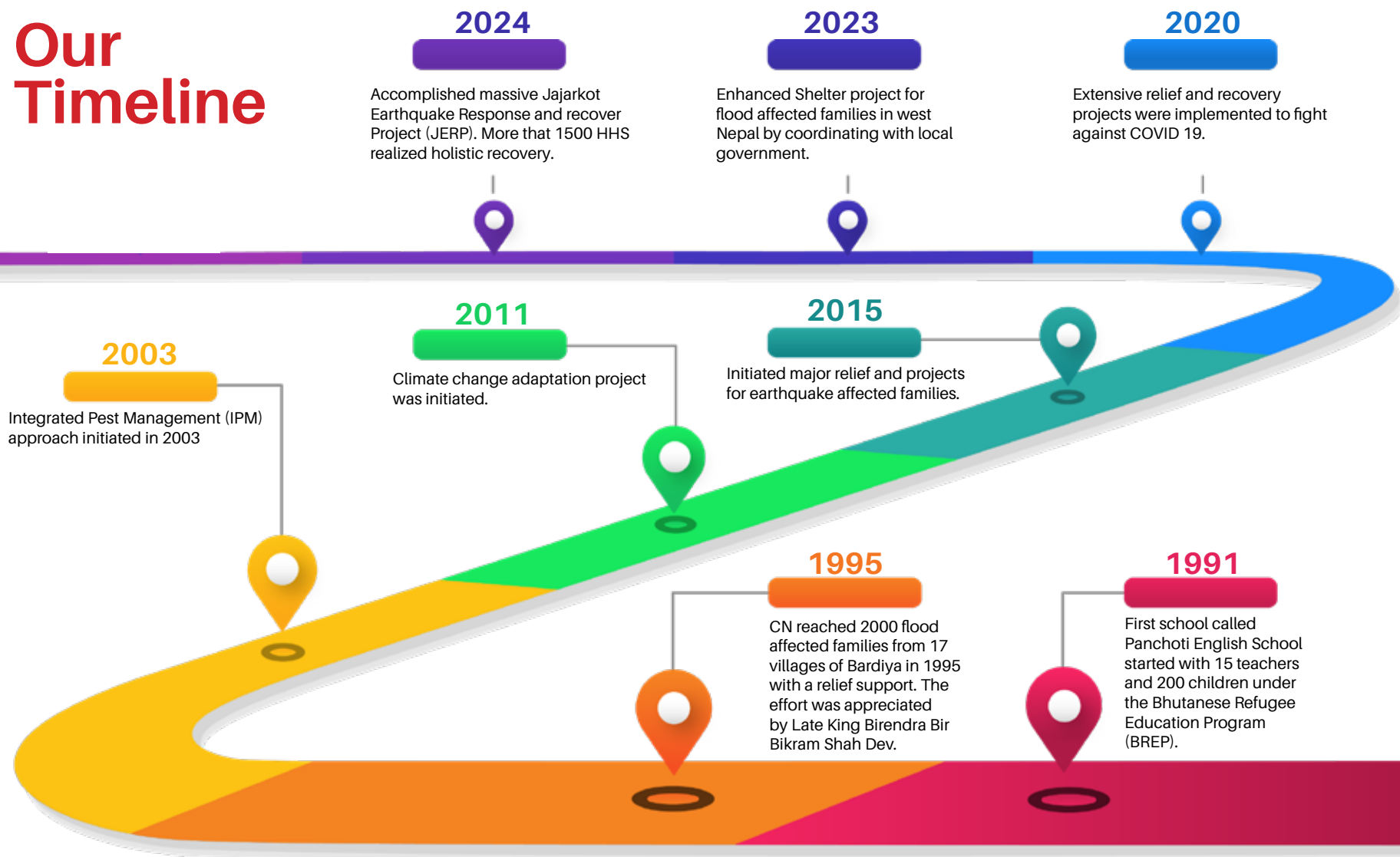
Admin Income of the Fiscal Year 2023/24



Admin Expenditure of the Fiscal Year 2023/24



Our Timeline





*Building
Resilient
Communities.*

www.caritasnepal.org

