

Table of Contents

Message from the Apostolic Administrator	04
Message from the President	05
Message from the Executive Director	06
Our Footprints and Total Outreach	10
Our Strategic Objectives	11
Strategic Objective 1	13
Strategic Objective 2	23
Strategic Objective 3	37
Strategic Objective 4	45
Summary of Financial Statements	53

Abbreviation

AGM Annual General Assembly

ANC Antenatal Care BBT Ballot Box Test

CALC Community Agro Learning Centre

CCA Climate Change Adaptation

CDM Center for Development & Disaster Management

CGI Corrugated Galvanized Iron

CRS Catholic Relief Service
CSA Climate Smart Agriculture
DRR Disaster Risk Reduction
FFS Farmers' Field School

HHs Households

HRDs Human Right Defenders

IPM Integrated Pest Management KMC Kathmandu Medical College

LDCRP Local Disaster and Climate Resilience Plan
LDMC Local Disaster Management Committee

LSS Lime Stabilized Soil

NGO Non-Government Organization

PMAMP Prime Minister Agriculture Modernization Program

PNC Postnatal Care

SHFs Smallholder Farmers

SHFCs Smallholder Farmer Collectives SHFHs Smallholder Farmer Households SRI System of Rice Intensification

TEVT Technical Education and Vocational Training

VCA Vulnerability and Capacity Assessment

WASH Water, Sanitation, and Hygiene

WDMC Ward Disaster Management Committee

NPR Nepalese Rupees









Accomplished massive Jajarkot Earthquake Response and recovery Project (JERP). More that 1500 HHs realized holistic recovery.

2023

Enhanced shelter project for flood affected families in west Nepal by coordinating with local government.

2020

Extensive relief and recovery projects were implemented to fight against COVID 19.

— 2015

Initiated major relief and recovery projects for earthquake affected families. It is the significant project till date in the history of CN.

→ 2011

Climate change adaptation project was initiated.

→ 2003

Integrated Pest Management (IPM) approach initiated in 2003.

→ 1995

CN reached 2000 flood affected families from 17 villages of Bardiya in 1995 with a relief support. The effort was appreciated by Late King Birendra Bir Bikram Shah Dev.

→ 1991

First school called Panchaoti English School started with 15 teachers and 200 children under the Bhutanese Refugee Education Programme (BREP) in 1991.

ANNUAL REPORT 2

Honoring Your Leadership and Legacy



Dear Rt. Rev. Bishop Paul Simick,

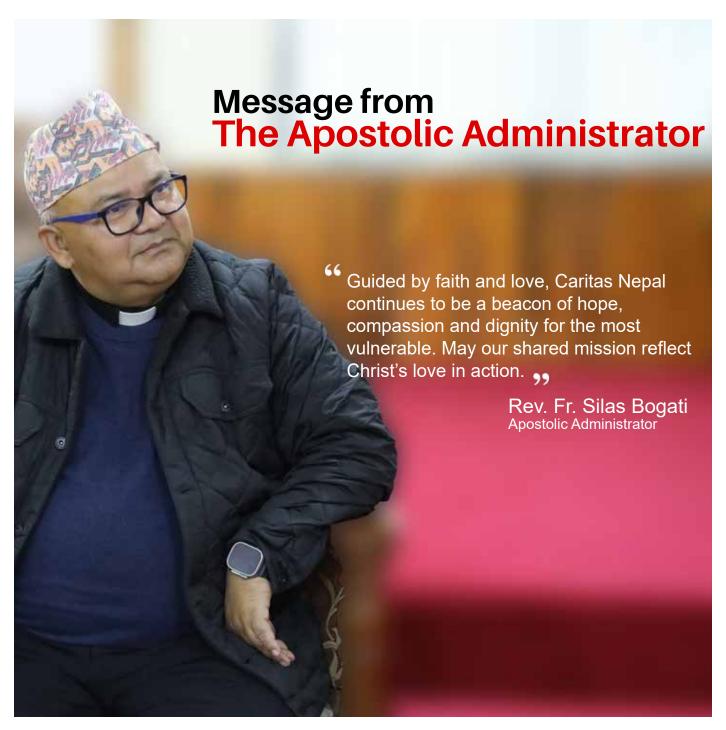
Loving greetings!

We remain ever grateful for your invaluable contribution to Caritas Nepal, your guidance, and your constant encouragement in our shared mission of service to the poor and vulnerable. Your leadership and pastoral presence had been a source of strength and inspiration for us all.

As you begin a new chapter of your ministry as the Bishop of the Diocese of Bagdogra, we assure you of our prayers and heartfelt wishes. May God, in His abundant goodness, grant you wisdom, courage, and grace to shepherd the people entrusted to your care. May your new responsibilities bear fruit in fostering faith, hope, and love among the communities you will serve.

With deep gratitude and warmest wishes for God's manifold blessings in your episcopal ministry, we remain united with you in prayer and solidarity.

With Love and Prayers,
Caritas Nepal Family





Message from The President

"Caritas is the helping hand of the Church - reaching out to the poor, the vulnerable, and the excluded, promoting human dignity and building a world of justice and peace."

- Caritas Internationalis

Dear Friends and Partners,

As we look back on 2024/25, I am grateful for the progress we have made together in serving the most vulnerable. Guided by the vision of Caritas Internationalis, Caritas Nepal has worked to uphold human dignity, foster resilience, and bring hope through programs in food security, clean water, education, livelihoods, disaster preparedness, and community empowerment.

This Annual Report is more than a record of activities, it is a testimony to our shared values of justice, solidarity, and love. It also renews our commitment to "Love for others in Nepal," ensuring that no one is left behind.

I extend heartfelt thanks to Sr. Cecilia Durga Shrestha, our dedicated Caritas Nepal team, and to all partners and supporters whose generosity makes this mission possible.

Together, let us continue to be one human family, caring for all.

With Gratitude and Fraternal Regards, **Fr. Stephen Biswakarma**President



Message from The Executive Director

I am pleased to present the Annual Report of Caritas Nepal for 2024/2025. This year has been marked by challenges and significant achievements in our mission to reduce poverty, promote social justice, and accompany vulnerable communities.

In addition to our regular programs, I am pleased to highlight three key milestones:

- 1. Successful completion of the Caritas Internationalis Management Standards (CIMS) assessment, strengthening our accountability and organizational capacity.
- 2. Timely and effective response to floods and landslides in Bagmati Province, providing lifesaving support and recovery assistance.
- 3. Comprehensive policy revision, ensuring our systems remain transparent, responsive, and aligned with our values.

As we journey together towards the Jubilee Year 2025, a Pilgrimage of Hope, Caritas Nepal renews its commitment to walk with the most vulnerable, fostering resilience and nurturing hope for a more just and compassionate society. These achievements would not have been possible without the steadfast support of our donors, partners, volunteers, and staff, to whom I extend my heartfelt gratitude.

With Heartfelt Thanks, Sr. Cecilia Durga Shrestha Executive Director Caritas Nepal

Executive Committee Members



Rt. Rev. Bishop Paul Simick Patron



Fr. Stephen B.K. President



Mr. Heera Kajee Shrestha



Ms. Aruna Rai Member



Mr. Ganesh Prashad Parajuli Mr. Chirendra Raj Satyal Treasurer



Secretary



Ms. Rupa Rai Joint Secretary



Fr. Silas Bogati Member

General Committee Members

Ms. Culeshna Subba

Mr. Charles William Mendies

Mr. Terence Lama

Ms. Sanu Amatya

Mrs. Rama Parajuli

Mr. Gyan Prakash Rai

Fr. Tek Raj Paudel (Baikunthea)

Fr. Sunil Ekka

Mr. Joseph Brahmin Niraula

Fr.Ajay Pradhan

Sr. Karuna Shrestha

Mr. Pradeep Kumar Karki

Mrs. Soma Rai Sitling

Mrs. Anjaly Tamang

35th Annual General Assembly



Caritas Nepal (CN) conducted its 35th Annual General Meeting (AGM) on September21, 2024, under the chairmanship of Rev. Fr. Stephen BK, the President. The AGM brought together esteemed board members and the executive committee, highlighting CN's role as an integral part of the Catholic Church dedicated to serving the extremely poor and vulnerable communities without discrimination. The Executive Director, Sr. Durga Cecilia Shrestha, expressed gratitude to the Executive Committee and the General Body for their unwavering support.

During the meeting, Mr. Chirendra Satyal, the Secretary, presented the minutes of the 34th AGM, which was approved by Fr. Silas (KB) Bogati, Executive Committee Member and Mr. Terence Lama, a General Body Member. Mr. Chintan Manandhar, Head of Programs, presented the organization's report for the fiscal year 2023/24 with a video presentation, highlighting CN's contributions in the social, economic, humanitarian, environment and DRR sectors. The report showcased that CN had reached 1,71,000 beneficiaries of 42,985 HHs nationwide through 16 major projects in 23 districts. Mr. Indra Bahadur Nepali, the Sr. Finance Manager, presented the audit report, including the financial income and expenditure of the fiscal year 2023/024, along with the proposed program budget for the upcoming year. The financial report and the annual program budget proposal were approved by the Executive Committee Members, Mr. Charles William Mendis and Fr. Silas Bogati. Following the financial presentation, Fr. Stephen BK expressed his gratitude to Rev. Bishop Paul Simick, the Executive Committee, members of the General Assembly, the Executive Director, and the entire CN family. The patron of the organization, Rev. Bishop Paul Simick, thanked the esteemed members of the Executive Committee, members of the General Assembly and all the employees working at Caritas Nepal.

The Executive Director of the organisation, thanked Rev. Bishop Paul Simick, the Executive Committee Members, General Body Members and all the staff of CN and officially declared successful accomplishment of the 35th AGM.

(i) About Us

Caritas Nepal is a non-profit organization solely devoted to the service of the poor, most disadvantaged and marginalized people irrespective of caste, creed, ethnicity and nationality.

The organization was founded in 1990 by the Catholic Church to respond to the devastating floods and other natural disasters that occurred.

Mission

As the social arm of Catholic Church in Nepal, our mission is to build resilient communities capable of leading their own development by empowering the marginalized, disadvantaged and vulnerable communities.

Vision

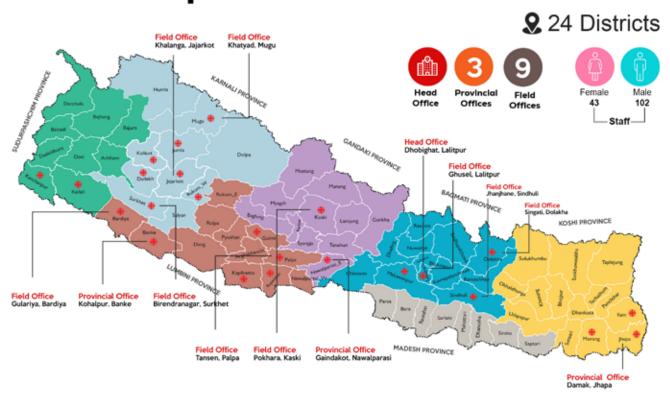
Peaceful, equitable and just society, where there is solidarity among people, respect for human dignity and care for mother earth.

Our Global Network

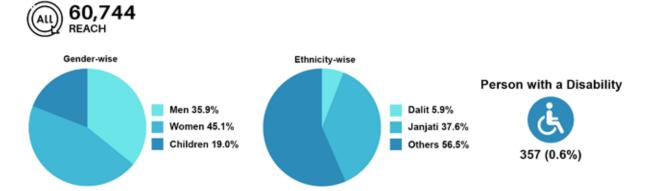




Our Footprints



Our Total Outreach



OUR STRATEGIC OBJECTIVES

2023-2027

SUSTAINABLE
LIVELIHOOD
AND
CLIMATE CHANGE

VULNERABLE AND MARGINALIZED PEOPLE AND COMMUNITIES PURSUE CLIMATE-ADAPTIVE SUSTAINABLE LIVELIHOODS FOR IMPROVED ECONOMIC WELL-BEING.

2. HUMAN RIGHTS
AND
SOCIAL
EMPOWERMENT

PEOPLE AND COMMUNITIES HAVE IMPROVED SOCIAL JUSTICE, HUMAN RIGHTS AND SOCIAL WELL-BEING THROUGH SOCIAL TRANSFORMATION.

3. ENVIRONMENT AND DISASTER RISK REDUCTION

COMMUNITIES HAVE IMPROVED RESILIENCE TO DISASTER RISKS AND CARE FOR MOTHER EARTH.

4. HUMANITARIAN RESPONSE AND RECOVERY

PEOPLE AFFECTED BY DISASTERS ARE ABLE TO SURVIVE WITH DIGNITY AND COMMUNITIES REALIZE A HOLISTIC RECOVERY AND BUILD BACK BETTER.

OUR CONTRIBUTION TO SDG'S























STRATEGIC OBJECTIVE 1

STRATEGIC OBJECTIVE 2

STRATEGIC OBJECTIVE 3

STRATEGIC OBJECTIVE 4

SUSTAINABLE LIVELIHOOD AND CLIMATE CHANGE

HUMAN RIGHTS AND SOCIAL EMPOWERMENT ENVIRONMENT AND DISASTER RISK REDUCTION HUMANITARIAN RESPONSE AND RECOVERY



NEPAL LIVELIHOODS & RESILIENCE PROGRAM (PHASE II)

FOOD SECURITY AND RESILIENCE PROJECT -KHATYAD

SAFBIN NEPAL - CLIMATE RESILIENT AGRICULTURE SYSTEM FOR SMALLHOLDER FARMERS IN NEPAL (CRASS)

REDUCING GINGER STORAGE LOSSES WITH WOMEN PRODUCERS IN NEPAL

LIVELIHOOD
ENHANCEMENT OF GINGER
AND TURMERIC GROWING
SMALLHOLDER FARMERS
OF NAWALPARASI DISTRICT
THROUGH
AGRO-ECOLOGICAL
FARMING (LEAF)



PROMOTING SAFE MIGRATION AND PREVENTING TRAFFICKING IN PERSON

COMBATING TRAFFICKING THROUGH SAFE MIGRATION

ENSURING SAFE MIGRATION AND PROMOTING SUSTAINABLE LOCAL REINTEGRATION

EMPOWERING WOMEN FOR SOCIAL WELL-BEING & SUSTAINABLE AGRICULTURE PROJECT (SDI)

COMMUNITY HEALTH AND RESILIENCE PROJECT

HEALTH CAMP SERVICES AND DISABLED FAMILY SUPPORT PROJECT

SOCIO-ECONOMIC EMPOWERMENT OF SUBSTANCE USERS (SEESU) PHASE III



SCHOOL BASED DISASTER RISK REDUCTION 2

STRENGTHENING DISASTER RESILIENCE AND SUSTAINABLE LIVELIHOOD OF URBAN COMMUNITY IN NEPAL (URBAN DRR)

UNIFYING TOGETHER FOR HUMANITARIAN ASSISTANCE AND DISASTER PREPAREDNESS IN NEPAL (UTHAN)

PREPARING COMMUNITIES AND LOCAL LEADERS TOWARDS CLIMATE-RESILIENCE, DISASTER PREPAREDNESS, ANTICIPATORY ACTIONS AND EARLY RECOVERY (PREPARE)



JAJARKOT EARTHQUAKE RESPONSE PROJECT (JERP)

FLOODS AND LANDSLIDE RESPONSE AND EARLY RECOVERY PROJECT

BARDIYA SHELTER RECONSTRUCTION PROJECT

STRATEGIC OBJECTIVE 1

Sustainable Livelihood and Climate Change Adaptation

OUR OUTREACH





JANJATI/INDIGENIOUS

4119



4740

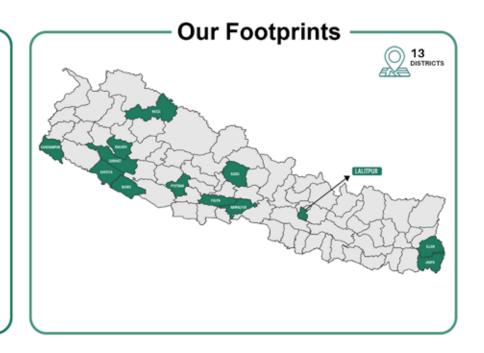






Our **Projects**

- 1. NEPAL LIVELIHOODS & RESILIENCE PROGRAM - (PHASE II)
- 2. FOOD SECURITY AND RESILIENCE PROJECT - KHATYAD
- 3. SAFBIN NEPAL CLIMATE RESILIENT AGRICULTURE SYSTEM FOR SMALLHOLDER FARMERS IN NEPAL (CRASS)
- 4. REDUCING GINGER STORAGE LOSSES WITH WOMEN PRODUCERS IN NEPAL
- 5. LIVELIHOOD ENHANCEMENT OF GINGER AND TURMERIC GROWING SMALLHOLDER FARMERS OF NAWALPARASI DISTRICT THROUGH AGRO-ECOLOGICAL FARMING (LEAF)



Thanks to Caritas Nepal's off-season vegetable training, I learned to manage pests and grow crops year-round. Now I grow 7 types of winter vegetables and no longer need to buy from the market.

Radha Sapkota, Bagmati RM-1, Ghusel, Lalitpur

"





With a pair of rabbits that I received from Caritas Nepal, I have been able to increase the number to more than 20. I have already sold over 10 rabbits, earning around 10,000 rupees. In addition, I returned a pair of rabbits to my neighbor farmer as part of the revolving model to show solidarity. She, too, is now multiplying the rabbits.

Janu BK Khatyad, Mugu

"



After receiving training on preparing botanical pest repellents, I started using them in my vegetable garden. This has enabled me to grow vegetables without chemical pesticides while also saving the money I would have otherwise spent on buying them.

Purna Singh Thakuri Madhyabindu-10,Nawalparasi





Nepal Livelihoods and Resilience Program II (NLRP II)

Jul 2023 - Jun 2028

The NLRP-II project aims to enhance the well-being and resilience of vulnerable farming households by focusing on food security, climate resilience, income generation, and social protection. It provides training for smallholder farmers in homestead production, integrated farming, and enterprise skills, allowing them to extend farming seasons, increase their incomes, and prevent relapse of poverty. The project also strengthens local cooperatives to offer financial services and support economic growth. Additionally, it promotes social protection and child rights through training, advocacy, and capacity building, ensuring that women and children actively participate in community initiatives. By integrating agriculture, cooperative support, and social inclusion, NLRP-II promotes sustainable livelihoods and resilient communities.



👤 Illam, Jhapa, Lalitpur, Kaski, Nawalpur, Banke, Bardiya, Surkhet, Dailekh, Kanchanpur















- 1537 farmers (1257 W, 280 M) were trained in homestead management & oriented on climate change. On an average, homestead farmers are adopting 4 out of 8 improved agriculture practices promoted through various projects activities.
- 734 farmers (614 W , 120 M) were trained in IPM practices through IPM Farmer Field Schools. In seven FFS, 175 paddy farmers achieved 27 grade increase in Ballot Box Test (BBT) scores, and 28% higher yields compared to farmers practices. In 22 FFS, 559 vegetable farmers achieved 35 grade increase in BBT score and 52 % higher yields compared to farmers practices.
- 420 smallholder farmers (291 W, 129 M) engaged in vegetables, banana, goat rearing, homestay, coffee, pig farming, and beekeeping received business planning support, technical training, inputs, and grants. As per annual survey conducted with 101 farmers who were engaged in vegetable, goat, pig, and banana enterprises, the weighted average net income from selling produce in the market was NPR 55,720.
- 11 cooperatives received capacity building and technical support, resulting in a 18.58% increase (574 new members) in membership this year. Eight cooperatives achieved 10% balance sheet growth (NPR.18,328,755), reflecting improved financial performance.
- 10 Human Rights Defenders (HRDs) working through our ten cooperatives have received training in areas such as psycho-social support, legal aid and processes, safeguarding, and complaint handling. They were able to registered 57 cases, primarily related to domestic violence, child marriage, and family disputes. Of these, 12 cases were referred to judicial committee and legal authorities for further action.
 - 11 child clubs were reformed, benefiting 1,448 children through platforms for growth and participation. Two schools in Banke and Bardiya adopted Child Protection Policies and set up complaint and feedback mechanisms, with four committee meetings conducted to strengthen child safety and protection.

Food Security and Resilience Project - Khatyad

Jan 2023 - Dec 2025

Mugu

Food Security and Resilience Project – Khatyad' is being implemented in 3 wards of Khatyad Rural Municipality in Mugu District. The project directly supports 660 Smallholder Farming Households (SHFHs) to reduce food insecurity and improve nutritional status. The project follows smallholder collective approach and promotes agroecological practices. Special consideration has been given to women farmers, HHs having people with disabilities, Dalits, ensuring equity and inclusiveness. The project contributes to sustainable local food systems and strengthens the adaptive capacity of one of Nepal's most food-insecure regions.











- 552 farmers have established diversified nutrition gardens following the different agroecological practices such as using the local seeds, botanical pesticides, mulching, inter cropping etc.
- 100 marginalized farmers received a pair of rabbits to enhance their farm production. Out of these, 65 farmers successfully increased their rabbit population, using them both for household consumption and market sale, which improved food security and generated additional income. 33 farmers, after increasing the numbers of rabbits, have returned a pair with other vulnerable farmers, creating a community-based resource-sharing system and promoting the sustainability of the intervention.
- Farmers have established three seed collection centers where the seeds of more than 40 forgotten traditional crops such as different types of millet, amarathus, local beans etc. are being conserved. The project has initiated to revive these forgotten crops and varieties in coordination with the local governments.
- 3 irrigation canals with the total length of 378 meters were constructed across 3 wards, benefiting 79 households and covering 1.5 hectares of farmland. This has enabled farmers to grow two additional crops during the winter season, increasing productivity and income.

SAFBIN Nepal-Climate Resilient Agriculture System for Smallholder Farmers in Nepal (CRASS)

Jan 2023 - Dec 2025 Q Nawalparasi



SAFBIN Nepal – CRASS project aims to enhance the food security of 1,800 smallholder farmers (SHFs) and to build climate- and disaster-resilient farming communities in the context of increasing climate change impacts in Nepal. The project adopts a Smallholder Farmers' Collectives (SHFCs) approach to capacitate SHFs in regenerative agriculture to strengthen their adaptive capacity to climate change and improve food production and despite the challenges posed by climate change and disasters. The project works in close coordination with multi-level stakeholders including research institutes, universities, like-minded organizations, and local governments to ensure knowledge sharing, technical innovation, and policy linkages. The project is currently being implemented in six wards across four rural/municipalities in Nawalparasi District.









1,800 farmers (1337 W, 399 M) have been capacitated and supported to establish nutrition gardens to produce vegetables from their own land. Currently, 80% of these farmers are cultivating 8 to 10 different types of vegetables throughout the year while 60% of the farmers have adopted botanical pesticides.

6 seed collection centers have been established, where seeds of more than 30 forgotten crop and their varieties have been conserved. Through this initiative, 315 farmers have been able to revive climate-resilient crops such as finger millet, upland rice, yam and other neglected crops.

5 irrigation canals (1,648 meters in length) have been constructed or rehabilitated, covering 560 hectares of land and providing water access to 1,562 households.

6 dams were constructed along riverbanks, protecting more than 278 hectares of land and benefiting 1,245 households.

2 Local Disaster and Climate Resilient Plans (LDCRP) have been developed and handed over to two municipalities for implementation.



Reducing Ginger storage losses with women producers in Nepal

Feb 2025 - May 2025

Palpa

Caritas Nepal, in partnership with CRS and funded by Purdue University in collaboration with Tufts University and USAID, has implemented this project to identify barriers and constraints hindering ginger producers from adopting storage practices. This project will build on this knowledge to improve the design of three community-level storage technologies and install them in 130 households and 6 cooperatives, in partnership with municipal government agricultural extension offices and Non-Government Organization (NGOs).

This project aims to reduce ginger storage losses by promoting low-cost, zero-energy storage prototypes and techniques among smallholder women farmers in the mid-hills of Nepal. Additionally, this project will contribute to nutritional security and enhance women's roles in ginger farming.

This project will build on existing knowledge to improve the design of three community-level local storage technologies and install them in 130 households and 6 cooperatives, in partnership with municipal agricultural extension offices and NGOs.





A ginger storage unit was constructed in 130 households, and beforehand, orientation was provided on ginger storage technology construction. Notably, the Prime Minister Agriculture Modernization Program (PMAMP) Pyuthan office replicated the model at the farmers' level, adding 20 more storage units.

Farmers have been able to reduce post-harvest losses by 20% to 4% through improved storage facilities, enabling them to increase their income by an average of 90%.





STRATEGIC OBJECTIVE 2

Human Rights and Social Empowerment

OUR OUTREACH



18288 DIRECT BENEFICIARIES



5489



8230 WOMEN



4569 CHILDREN

PRQ 10483

JANJATIS/INDIGENIOUS



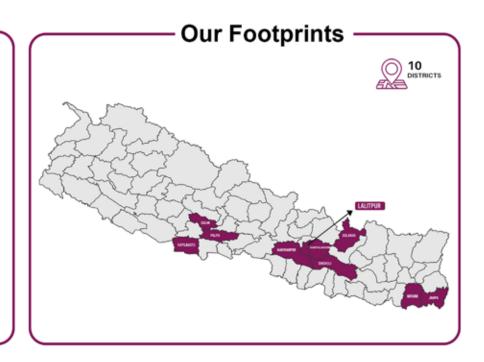
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Our Projects

- PROMOTING SAFE MIGRATION AND PREVENTING TRAFFICKING IN PERSON
- COMBATING TRAFFICKING THROUGH SAFE MIGRATION
- **ENSURING SAFE MIGRATION AND** PROMOTING SUSTAINABLE LOCAL REINTEGRATION
- **EMPOWERING WOMEN FOR SOCIAL** WELL-BEING AND SUSTAINABLE AGRICULTURE PROJECT (SDI)
- COMMUNITY HEALTH AND RESILIENCE PROJECT
- **HEALTH CAMP SERVICES AND** DISABLED FAMILY SUPPORT PROJECT
- SOCIO-ECONOMIC EMPOWERMENT OF SUBSTANCE USERS (SEESU) PHASE III



"Returning home was harder than leaving, but thanks to Caritas Nepal, starting our electrical business gave us new purpose. Reintegration isn't easy, but it's worth it."

Chatra Bdr Limbu Jhapa

"





"

I thought there were no job opportunities in Nepal. Now, my husband and I earn well through farming and livestock. This season, I earned NPR 66,000 from selling surplus vegetables.

Sangita Pasi Kapilvastu Municipality Patkhawa

"

-66

When my world began to fade into darkness, I feared I'd lose everything. But with the gift of sight restored, I've regained not just my vision but my purpose. I can now care for my land and my family with hope in my heart.

Lal Bahadur Pakhrin, Gurji Village, Hariharpurgadhi





Promoting Safe Migration and Preventing Trafficking in Person

Oct 2022 - Sep 2025



Combating Trafficking through Safe Migration

Feb 2024 - Jan 2027

The project focuses on empowering individuals' rights by combating unsafe migration and raising awareness within the communities of Koshi Province, a high labor migration area that is largely reliant on remittances and faces socio-economic challenges. Through strategic partnerships with local government, educational institutions, and community organizations, the project aims to enhance the capacity of stakeholders to prevent, protect, and support migrant workers and their families, as well as potential youth and returnees.





- 1479 (227 W, 1,252 M) people received basic predeparture orientation on safe migration through Help Desks established in Jhapa Rural Municipality, Jhapa, and Miklajung Municipality, Morang District.
- 12 returnees (5 W, 7 M) experiencing health issues were provided with medical treatment support, while 9 returnees (3 W, 6 M) were referred to the appropriate legal services. This assistance also extended to vulnerable returnees and families who lost loved ones abroad.
- 112 returnees received livelihood support packages worth Rs. 50,000 each, enabling them to start small businesses, invest in farming and secure sustainable incomes.
- 210 individuals including returnees, potential migrants and family members were provided with Technical Education and Vocational Training (TEVT) to enhance employment opportunities and support reintegration.
- 4 individuals (2W, 2M) were rescued from different destination and trafficking locations. This included one woman and one child from India, one woman from Kuwait and one man from Malaysia. Their safe return to Nepal was facilitated through close coordination with the respective embassies and by arranging air travel.

Photo:

A one day cross-border stakeholders' event in Mechinagar Municipality, Kakarvitta, brought together key actors from Nepal and India.

Ensuring Safe Migration and Promoting Sustainable Local Reintegration

Oct 2022 - Sep 2025



The project aligns with Caritas Nepal strategic objective 2 aimed to empower individual rights by addressing unsafe migration and raising risk awareness. Focusing on Koshi Province, a region known for its high rates of labor migration and reliance on remittances, the project address socio-economic challenges faced by the migrant workers and their families. By collaborating with local governments, educational institutions and community groups, the project aims to enhance the capacity of stakeholders to prevent, protect and support migrant workers, their families, potential migrants, returnees and survivors of human trafficking.







Photo: Celebrating National Tourism Day organized in coordination with local youth clubs.

- 337 participants (223 W, 114 M) including members of the Migrant Families Network Groups in Wards 1 and 9 of Kankai Municipality, were oriented on safe migration.
- 345 students (167B, 178G) received career counseling that combined theoretical and practical sessions. This initiative aimed to raise awareness about online scams, false job promises, and other risks to help prevent exploitation and trafficking.
- The Resilient Livelihood Procedures and the Safe Migration Emergency Fund and Operation Management Guidelines were developed to assist community members in enrolling in and implementing programs that promote safe migration and resilient livelihoods in Kankai Municipality. Furthermore, 213 participants (89M, 124F) from Kankai Municipality received financial literacy training to enhance the community's capacity to manage finances effectively.

Empowering Women for Social Well-being and Sustainable Agriculture Project (SDI)

Apr 2022 - Mar 2025

Q Gulmi, Palpa, Kapilvastu and Makawanpur



The "Empowering Women for Social Well-being and Sustainable Agriculture" project focus on social and economic empowerment of marginalized women through a people-led development process. The key apporaches include promotion of agro-ecology and food sovereignty. Regular discussions and collective decision-makings empower communities to assert their rights, promote social change and combat discrimination. By preserving local knowledge and resources, the project strengthens traditional practices, fostering sustainable agriculture and social well-being through action-reflection cycles and collective ownership.







- 1,816 women are engaged in savings and credit through 9 cooperatives, which have accumulated NPR 6.17 million in savings and mobilized NPR 8.43 million in loans to 497 members. Of these loans, 36.7% went to livestock and 32.2% to agriculture.
- 6 cooperatives and 19 women's groups cultivated local crops, including turmeric, beans, potatoes, sesame, black gram, and green gram, earning a net profit of NPR 650,807, which was shared among the members. This model has increased incomes while strengthening unity and cooperation.
- Women farmers exchanged diverse local crop seeds, promoting preservation and community engagement. As a result, 542 farmers adopted local and improved varieties, strengthening sustainable seed practices.
- 108 women's groups have organized 240 events addressing issues such as gender-based violence, polygamy, alcoholism awareness, women's rights, access to local resources, environmental preservation, health and sanitation and agro-ecology.
- A total of 1,995 saplings were planted across the project sites, including 817 fruit trees, 381 herbal plants, 139 timber trees, 456 ornamental plants, and 202 fodder grasses.





Community Health and Resilience Project

Mar 2024 - Aug 2026

Sindhuli & Dolakha

The project aims to improve family health and social well-being by improving household nutrition and income while strengthening rural health facilities. The health camps organized by the project provide the community with access to healthcare services and referral assistance for more advanced treatments. Additionally, the project seeks to improve food security and livelihoods to promote maternal and child health, supported by input supplies. Similarly, assisting households with disabilities through grant support and rural enterprise development enhances the beneficiaries' lives and income. Furthermore, the project aims to reduce disaster risk and build community capacity for emergency response.



Photo

Patient sharing her health concerns at a multidisciplinary health camp.



Key Achievements



126 Antenatal Care (ANC) / Postnatal Care (PNC) mothers received nutrition packages developed in coordination with ward offices and health posts to ensure local relevance.



120 HHs with golden thousand days mothers were trained in kitchen gardening to promote healthy eating practices. Additionally, the project has strengthened community health services by providing essential healthcare items to health posts, benefiting mothers and infants



2 multidisciplinary health camps were conducted in Hariharpurgadhi Rural Municipality, Sindhuli, and Bigu Rural Municipality, Dolakha, where 2,843 individuals (1,639 W, 1,204 M) received free medical services. The camps were organized with the support of the respective rural municipalities and in technical coordination with Janaki Medical College and Kathmandu Medical College, respectively.



120 vulnerable individuals, including 14 men and 37 women with disabilities, received rural enterprise development training, conducted in collaboration with the local Agriculture and Business Development Department.



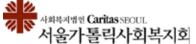
67 individuals (12 W, 55 M) received training on Rural First Responder, organized in partnership with Good Neighbor Nepal to strengthen community-level emergency preparedness. The training aimed to equip community members selected by the Ward Disaster Management Committee (WDMC) with skills in emergency communication, basic rescue, and first aid.

Health Camp Services and Disabled Family Support

Dec 2023- Nov 2024

Sindhuli

The project aims to improve basic individual health diagnosis access through health camps and livelihood of disabled family. Eye screening camp, general and gynecological health camps shall be organized for health checkup and referral to the most vulnerable individuals shall be provided for higher medical treatment. Similarly, 20 HHs with disability shall be provided with rural enterprise development training and grant support. The grant support will be utilized by the beneficiaries for income generation activities based upon their business plan.





Key Achievements

- 529 people were screened during a general eye screening camp conducted in technical coordination with Tilganga Eye Hospital, Hetauda. As a result, 32 individuals were identified and supported with cataract surgery, while 153 received reading glasses.
- 1,863 people received medical checkups during a multidisciplinary health camp conducted in coordination with Kathmandu Medical College (KMC). Among them, one individual was referred for specialized medical care at KMC Hospital, with NPR 15,000 in treatment costs covered by Caritas Nepal.





Socio- Economic Empowerment of Substance Users (SEESU) - Phase III

Jan 2024 - Dec 2025 **Q** Lalitpur



The project has been designed to address the pressing challenges of substance abuse by proposing a comprehensive initiative focused on prevention, intervention, and rehabilitation. Adopting a multi-faceted approach, the project aims to reduce the negative impacts of substance use on individuals, families and communities, thereby contributing to the overall well-being and development of the nation.







Photo:

In-house rehabilitees engaging in table tennis during scheduled sports hour.

Key Achievements



34 rehabilitees have been successfully discharged from the drug and alcohol rehabilitation center with positive outcomes.



90 youths were reached through an outreach program aimed at raising awareness about drug abuse and its treatment.

STRATEGIC OBJECTIVE 3

Environment and Disaster Risk Reduction

OUR OUTREACH





4952



5630



3487 CHILDREN



SCHOOLS



JANJATIS/INDIGENIOUS





PEOPLE WITH

Our **Projects**

- 1. SCHOOL BASED DISASTER RISK **REDUCTION 2**
- 2. STRENGTHENING DISASTER RESILIENCE AND SUSTAINABLE LIVELIHOOD OF URBAN COMMUNITY IN NEPAL (URBAN DRR)
- 3. UNIFYING TOGETHER FOR **HUMANITARIAN ASSISTANCE AND** DISASTER PREPAREDNESS IN NEPAL (UTHAN)
- 4. PREPARING COMMUNITIES AND LOCAL LEADERS TOWARDS CLIMATE-RESILIENCE, DISASTER PREPAREDNESS, ANTICIPATORY **ACTIONS AND EARLY RECOVERY** (PREPARE)



"Thanks to the Uthan Project and Caritas Nepal, we've learned how to build safer homes and protect our families from disasters."

Maya Rokaya, Sinja Municipality, Jumla

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Because of this project, we now know how to protect ourselves during floods and other disasters. Our school feels much safer, and we feel proud that we can share what we've learned to support and guide our community.

Reshma Thapa Student, Jhapa

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The UDRR project has supported our community in adopting climate smart farming practices and strengthening our resilience against disasters.

Anita Khatri Teacher, Devdaha Municipality





School Based Disaster Risk Reduction

Dec 2022- Nov 2025

& Jhapa

The School-Based Disaster Risk Reduction (S-DRR) project is a comprehensive initiative that helps schools, local institutions, and communities strengthen their resilience to floods and other hazards. Guided by the three pillars of Comprehensive School Safety safer learning facilities, effective school disaster management and risk reduction and resilience education, the project equips schools and communities to prepare for and respond to future disasters. Its overall objective is to create safer schools and build more resilient rural communities.







- Over 400 students from 9 schools in Jhapa RM received orientation on Disaster Risk Reduction, Comprehensive School Safety Plan, and Climate Change Adaptation. Orientations to these topics provided knowledg and insights to advocate for change, promote safety and responsibility to create more resilient future.
- 26 masons received 7 days of training as per the new building code issued by the GON, which ensures safer and more resilient infrastructure, especially in rural municipalities. This training has equiped them with updated knowledge and skills to construct earthquake-resistant school buildings and other structures.
- 353 participants (109 women, 244 men) participated in a fire-risk simulation exercise conducted in Jhapa city (adjoining ward 3 & 6). It has sensetized the local authorities strengthen preparedness, planning, and resource allocation in fire emergencies. The event was organized in collaboration with the Armed Police Force, Nepal Police, District Administrative Office and Jhapa Rural Municipalituy.
- A water filter system has been installed in two schools in Jhapa RM. This has improved the health and hygiene of 519 students and 17 teachers.
- Toilet rehabilitation in two schools has been completed, benefiting 671 students and 18 teachers. This initiative aims to prevent the spread of diseases, promote hygiene, and enhance the overall well-being of students, particularly girls who often face challenges due to inadequate WASH (Water, Sanitation, and Hygiene) facilities.



Strengthening Disaster Resilience and Sustainable Livelihood of Urban Community in Nepal (UDRR)

Nov 2024 - Oct 2025 Rupandehi District

The project "Strengthening Disaster Resilience and Sustainable Livelihood of Urban Communities in Nepal" is a one-year initiative funded by Caritas Española and implemented by Caritas Nepal in partnership with Center for Development & Disaster Management (CDM) Nepal, Rupandehi, and in close collaboration with the local government. It aims to enhance community resilience to disasters and climate change while improving livelihoods in ward no 3 and 6 of Devdaha Municipality in the Rupandehi district. Through several initiatives, the project seeks to strengthen the capacity of peri-urban government bodies and disaster management committees for disaster-resilient planning and service delivery. It focuses on reducing climate-related risks, improving livelihood security, and promoting sustainability.

Communities will build knowledge on Disaster Risk Reduction (DRR) and Climate Change Adaptation (CCA), implementing preparedness and mitigation measures to address key hazards. The project adopts participatory approaches, actively involving local authorities, communities, and vulnerable groups, including women, persons with disabilities, and marginalized farmers.





- 877 people (544 M, 333 F) including government staffs, stakeholders, Local Disaster Management Committee (LDMC) members, DRR volunteer, WDMC members have been orientated on DRR and climate change policies, Vulnerability and Capacity Assessment (VCA), local planning processes, and action plan development, strengthening their ability to plan for and respond to local risks.
- The bio-engineering construction in Ward-03, Tatera safeguards approximately 2.70 hectares of farmland and 7 households in a flood- and landslide-prone area, strengthening community resilience and protecting local livelihoods.
- 6 street dramas, 6 wall paintings and 4 hoarding boards were installed in Wards 03 and 06, with messages on pesticide risks, disaster early warnings, fire safety, afforestation, and climate change.
- 220 farmers received seeds, CSA tools, and training on improved farming practices such as mulching, 3G cutting, nursery management, bio-pesticide preparation, and integrated pest management, while 26 were supported in off-farm businesses.
- A survey of 30 farmers showed 97% reported increased yields by 27% and earned an average monthly income of NPR 4,500 from vegetable farming.
- 6 Community Agro Learning Centres (CALCs) and 4 vermi-compost units were established to promote improved and climate-resilient farming practices.



Unifying together for Humanitarian Assistance and Disaster Preparedness in Nepal (UTHAN)

Dec 2023 - Dec 2026



Uthan project seeks to strengthen disaster resilience in the Sinja and Tilagufa municipalities of Jumla and Kalikot districts by implementing comprehensive risk management and capacity-building measures. It emphasizes safe construction practices, risk reduction and mitigation strategies and community awareness. The project also supports economic and livelihood resilience, with a focus on constructing safe shelters and creating demonstration models for community education.





- 18 masons from Sinja Municipality completed a 7 day training program that enhanced their skills in the Lime Stabilized Soil (LSS) method for semi-skilled masons.
- 25 youths have adopted various climate-smart agriculture practices such as bio-pesticides, composting, and System of Rice Intensification (SRI) farming, which has enabled them to increase rice productivity by 32%.
- 2 youth clubs produced 244 kg of vegetables, generating a combined income of NPR 32,620 by supplying fresh produce to the local community while sharing their knowledge with their families.
- 10 earthquake-resistant shelters have been constructed in Sinja Rural Municipality, Jumla, to support the most vulnerable families. Additionally, two demonstration houses were built to showcase LSS technology, promoting resilient, locally sourced construction methods that communities can easily replicate.
- The local government allocated NPR 2,400,000 to construct earthquake-resistant, safe, and dignified shelters for 28 flood-affected families in Sinja Rural Municipality.



Preparing Communities and Local Leaders toward Climate Resilience, Disaster Preparedness, Anticipatory action and Early Recovery (PREPARE)

Aug 2024- Feb 2027



Caritas Nepal with financial and technical support from CRS Nepal, is currently implementing the project 'Preparing Communities and Local Leaders towards Climate-Resilience, Disaster Preparedness, Anticipatory Actions, and Early Recovery (PREPARE). This project aims to support vulnerable and marginalized communities living along the Rapti River Basin in Banke and Dang Districts. Projects will implement its activities in 16 communities of the 4 Municipalities which are Rapti Sonari Rural Municipality and Duduwa Rural Municipality in Banke District, Lamahi Municipality and Rajpur Rural Municipality in Dang District. Project will support 1500 HHs through disaster risk reduction activities and 750 HHs through agriculture and resilient livelihood activities.







- WDMCs have been formed/reformed in 16 wards, and 28 communities have conducted monsoon preparedness assessments, resulting in 16 ward-level action plans.
- 132 LDMC/WDMC members have been trained on risk assessment, contingency planning, and resource management, strengthening local disaster coordination.
- 25 community volunteers, including 6 women, have been trained as first responders, enhancing emergency preparedness at the grassroots level.
- 28,485 people have been reached with disaster preparedness messages through murals, wall paintings, and orientations.
- Nature-based mitigation has reduced flood risks for 10 villages, protecting 450 households and over 3,000 hectares of land, while creating 810 man-days of income for 56 people.
- 28 climate-smart farmer field school groups have been formed, engaging 750 farmers in climate-smart and market-oriented agriculture.

STRATEGIC OBJECTIVE 4

Humanitarian Response and Recovery

OUR OUTREACH





9652



8790



2068



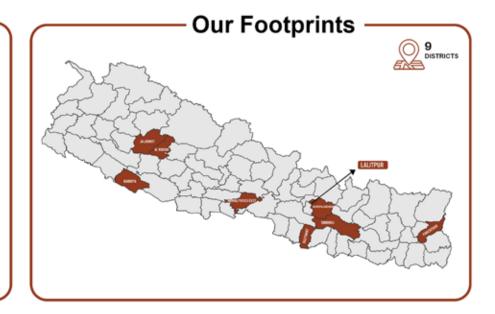






Our Projects

- 1. JAJARKOT EARTHQUAKE RESPONSE PROJECT (JERP)
- 2. FLOOD AND LANDSLIDE RESPONSE AND EARLY RECOVERY PROJECT
- 3. BARDIYA SHELTER RECONSTRUCTION PROJECT



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The earthquake destroyed our home, and we were staying outside in the cold. Caritas Nepal gave us shelter, and now we feel safe and protected. We are very thankful.

Radhika Shahi Chisapani, Jajarkot

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After the flood, Caritas Nepal's support gave us hope to rebuild our homes and lives with dignity, inspiring our community to recover and stay resilient.

Padam Bdr Lama Roshi RM, Kavre

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With our new safe home and essential support, we are safe from floods and can now access clean water, electricity, and roads. Life feels brighter and more secure.

Anu B.K with Families Sarju Tappu, Gulariya, Bardiya



Jajarkot Earthquake Response Project (JERP)

Nov 2023 - Jan 2025

Jajarkot and West Rukum

The Jajarkot Earthquake Response Project has been designed to address the needs of earthquake-affected families in Jajarkot and West Rukum districts, helping them recover from the calamity and live dignified lives. This project focuses on emergency relief and recovery, including the provision of food, WASH (Water, Sanitation, and Hygiene) services, and essential non-food items, as well as the construction of transitional shelters and temporary learning centers. It also offers socio-technical and psychosocial support to enhance community well-being. Additionally, the project involves infrastructure development, particularly the restoration of water schemes, and raises public awareness on safe construction practices and earthquake preparedness.























- 625 transitional shelters and 14 permanent demonstration shelters with toilets have been constructed and 26 temporary learning centers have been established for students.
- 405 individuals, including masons, women and engineers, have been trained in constructing earthquake-resistant shelters and 1,900 households have received socio-technical support for constructing temporary shelters.
- 2,070 households have been supported with food tailored to daily eating habits, 785 lactating mothers provided with nutritious food, 1,500 households supplied with WASH kits and 1,518 school-going children provided with warm clothes.
- 50,382 individuals have been reached through awareness-raising activities, and 2,672 individuals have received psychosocial support services.
- 300 goat sheds have been constructed and 2 cooperatives have been supported through honey value chain interventions.
- 18 water schemes have been restored and 200 households have been supported with solar lights.

Flood and Landslide Response and Early Recovery **Project**

Sep 2023 - June 2025

🧕 Lalitpur, Sindhuli, Kavrepalanchowk, Nawalparasi East, Rautahat, and Pachthar



The Flood and Landslide Response and Early Recovery Project aims to support households affected by floods and landslides in recovering from the disaster, restoring dignified living conditions, and building resilience against future disasters.













- 32 community managed drinking water systems were restored, benefiting over 6,800 people from 1,318 households and 321 students. Of these, 30 are community managed schemes and 2 are school-based schemes, providing flood affected community members and students with access to safe drinking water.
- Emergency relief reached 967 households through the distribution of food, kitchen utensils, bedding, and Corrugated Galvanized Iron (CGI) sheets, while 550 students received educational materials to ensure continuity in their learning.
- 295 individuals were enrolled in cash-for-work schemes, which improved local infrastructure while providing short-term income opportunities. Similarly, 380 households received agricultural inputs to revive farming-based livelihoods.





Bardiya Shelter Reconstruction Project

The Bardiya Shelter Reconstruction Project in Gularia Municipality, Bardiya was initiated to support flood-affected families living in unsafe and vulnerable conditions. Led by Caritas Nepal in collaboration with Gularia Municipality, the project aimed to provide durable, disaster-resilient housing while promoting long-term community resilience. As part of the partnership, the municipality provided NPR 300,000 per household as matching funds and facilitated essential services, including road access, electricity and water supply. This integrated approach not only improved the immediate living conditions of affected families but also reduced future disaster risks, showcasing the effectiveness of coordinated action between humanitarian organizations and local government.







- 31 flood-resilient shelters each with a toilet were built for 207 people in Bardiya.
- 10 beneficiaries trained in carpentry and 15 masons trained in earthquake and flood-resistant construction.
- 207 community people were oriented on arsenic risks and identifying safe water sources.
- 27 household installed hand pumps and deep tube wells, while 2 biosand filters were installed to ensure reliable, safe and arsenic-free water.





Audited Financial Report

C.D.O Regd: 85 / 047 / 48

S.W.C Regd: 356 / 2048



Caritas Nepal

Growing Together in Solidarity

CARITAS NEPAL, DHOBIGHAT, LALITPUR

Statement of Income and Expenditure

for the year ended July 16,2025 (32 Ashad ,2082)

Particulars	Notes	Amount (NPR.) FY 2024/2025	Amount (NPR.) FY 2023/2024
Income			
Incoming Resources	4.9	412,873,973.51	345,298,819
Financail Income (Bank Int.)		11,189,247	13,957,791
Other Income (Local Contribution)		490,050	616,300
Total Income =A		424,553,271	359,872,910
Expenditure			
Staff Cost/Expenditure	4.10	101,985,526	92,363,880
Program Expenditure (Net)	4.11	287,740,698	239,219,666
General Administrative Expenditure	4.12	11,698,971	11,242,419
Depreciation/ Write-off (Own)	4.7.01	881,958	862,924
Depreciation/ Write-off (Grant)	4.7	13,025,103	13,367,450
Total Expenses ≈B	2000	415,332,256	357,056,339
Surplus C= A-B (General Reserve)		9,221,014	2,816,571
FC Exchange Gain	4.4	548,262	(25,524)
Gross Surplus)	9,769,276	2,791,047
FC Exchange/ Gain Transfer to Exchange Gain Reserve		(548,262)	25,524
Total Surplus		9,221,014	2,816,571
Gov. Tax (25%)		2,694,092	
Net Surplus After Tax		6,526,922	6.5
40 % Transferred to General Reserve		2,610,769.00	1,126,628
60% Transfer to CN Self Reliance Fund		3,916,153.49	1,689,943

Fr. Stephen Biswkarma (President) Chiverton by Astyll Mr. Chirendra Raj Satyal

(Chartered Accountants)

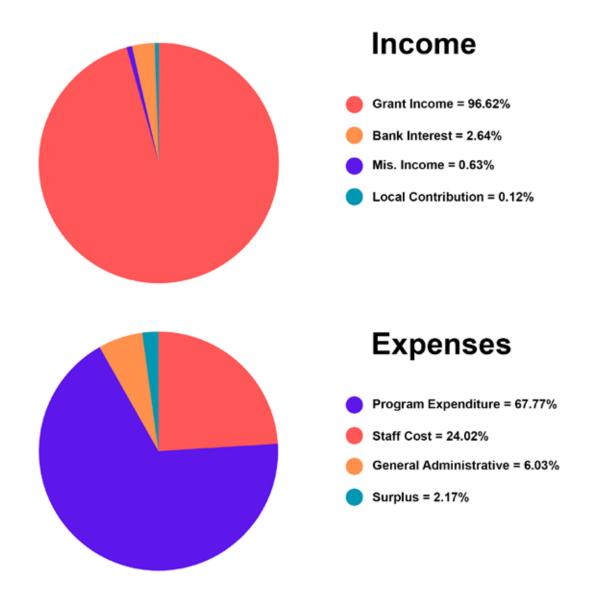
Sr. Durga Shrestha (Executive Director) Mr. Subas Thapaliya (Finance Coordinator)

(Treasurer/Secretary)

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Audited Financial Report



WITH GRATITUDE

























































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